



Southern Tennessee Pulaski

Service Line Guide

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Refer a Patient

Our physician liaisons provide support and information to referring physicians and other health care providers.

Please call us to get connected.

Direct Admissions: [931.363.7531](tel:931.363.7531)

EasyAdmit Transfer Center: [844.967.1515](tel:844.967.1515)

Central Scheduling: [931.538.1557](tel:931.538.1557)

Quick Reference Phone Numbers:

Department	Phone Numbers	Referral Forms
Main	931.363.7531	
Administration	931.363.9302	
Cardiac Rehab	931.363.9383	Cardiac Rehab
Case Management	931.363.9348	
Direct Admissions	931.363.7531	
Emergency Room	931.363.9376	
General Surgery	931.363.8055	
HIM/Medical Records	931.292.6656	
Hospitalists	931.363.9374	
Imaging Services	931.363.9372	General Imaging Low Dose CT AAA
Information Services/IT	931.363.9439	
Laboratory Services	931.363.9380	Lab
Orthopedic Surgery	931.363.3514	

Outpatient Registration	<u>931.363.9306</u>	
Outpatient Surgery Scheduling	<u>931.363.9474</u>	
Podiatry and Podiatry Surgery	<u>931.369.6100</u>	
Post-Acute Services	<u>931.363.9348</u>	
Pulmonary Rehab	<u>931.363.5319</u>	<u>Pulmonary Rehab</u>
Rehabilitative Services (PT/OT/Speech)	<u>931.363.9385</u>	<u>Outpatient Physical, Speech and Occupational</u>
Sleep Center	<u>931.424.7524</u>	<u>Respiratory and Sleep</u>
Urological Surgery	<u>931.766.3732</u>	

Cardiology

Shaping Cardiology Services with Accessibility and Compassion

Cardiac conditions complicate many of your patients' lives. Sometimes, patient education, lifestyle modifications and pharmaceutical interventions are just not enough. **When your patients need cardiac care, we're here to help.** We're shaping cardiology services in your community with compassion, accessibility and excellence.

Cardiac Care in Your Community

We all know the heart is vital to overall health, but maintaining cardiac wellness can be challenging. Our fast-paced lives make eating healthy, exercising and reducing stress complicated. Yet, as a medical provider, you understand how integral heart health is.

When heart problems **require more than diet modifications, exercise plans and medication therapy, you can count on us** for compassionate cardiac care. We provide a variety of interventional treatments and procedures.

We also offer a **broad range of non-invasive vascular procedures and tests** to help you make informed decisions and personalized care plans. Some cardiac care procedures available in your community include:

- Echocardiograms
- Angiograms
- Cardioversions
- Peripheral arterial and carotid testing
- Stress testing
- Thoracic echocardiography (TTE) imaging

Maintaining heart health requires ongoing attention and purpose-driven therapies. Supporting you and your patients is what we do. So, we are proud to provide inpatient and outpatient cardiac care and rehabilitation right around the corner.

Cardiac Rehab

STRHS Pulaski provides both inpatient and out-patient cardiac rehabilitation programs. Therapy is often initiated by our staff following a variety of cardiac related occurrences; Heart Attack within 12 months, Stent placed within 12 months, Coronary Artery Bypass Grafts within 12 months, Heart Valve Repair/Replacement within 12 months, Stable Angina supported by Stress Test and Chronic Stable Systolic Heart Failure with Left ventricular Ejection Fraction of 35% or less. The program is designed to assist the patient in regaining their strength and endurance.

Pulmonary Rehab

Pulmonary Rehab meets on an out-patient basis three days each week – Monday, Wednesday, and Friday at STRHS Pulaski. The program is designed to assist COPD patients and others with pulmonary disorders. To qualify for Pulmonary Rehab, patient must have an obstructive component and a PFT within 6 months with a GOLD score of II, III or IV. Similar to Cardiac Rehab, the program provides both strength and endurance related activities.

Sleep Center

The Joint Commission Accredited Sleep Center in Pulaski offers solution to debilitating sleep disruptions. By combining technology in our sleep lab with a personal touch, our registered technologist will conduct a thorough evaluation of potential sleep disorders and generate a comprehensive diagnostic report. With this information, a treatment plan can be implemented.

Common Sleep Disorders

- Sleep Apnea
- Narcolepsy
- Chronic Insomnia
- Restless Leg Syndrome
- Sleep Walking

Our Commitment to Excellence

Our facility and medical staff are dedicated to maintaining high standards of cardiac services. Specifically, we are committed to:

1. Maintaining current best practices.
2. Using appropriate surgical approaches.
3. Committing to the gold standard of post-procedural care.
4. Committing to improving patient outcomes.

Our cardiology team prioritizes patient-centered therapy and is dedicated to holistic, personalized interventions. Our facility and staff's **devotion to excellent, compassionate patient care is the foundation of our success.**

Your Cardiology Team

Our highly skilled, understanding cardiologists have training in a variety of cardiac care services that promote prevention, detection, treatment and recovery. We are dedicated to providing imaging, tests, and procedures that help you become maximally effective.

We understand how necessary collaboration and cath lab resources are for medical providers who are on the frontlines of patient care. Our medical staff will **work closely with you and your patient to create the best treatment plan** because we want to help you succeed and your patient get back to living life fully.

Your Provider Team



Brian Cole, MD

EMPLOYED PROVIDER

Interventional Cardiology

Lawrenceburg, TN

Ready to Get Started?

We understand the challenges and complexity of cardiac therapy. We're here to support you and your patients. From non-STEMI care to cardiac rehab and everything in between, we've got you covered.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate cardiac care in their community.** Ready to get started? Click the "Refer" button.

Imaging

Quality Imaging Services That Are Accessible

Modern medicine depends on radiology and imaging services for establishing informed treatment plans. As a medical provider, you need resources that support your practice. Our facility provides **accurate, dependable and convenient imaging resources** for you and your patients.

Reliable Radiology Services

Radiology testing uses radiant energy to take pictures and visualize many body parts. Our radiologists use these tests to determine a diagnosis and evaluate treatment. Here are some of the tools and tests we use to help establish care plans for your patients.

Mammography

3D mammography (or tomosynthesis) is a clinically proven screening and diagnostic tool for early breast cancer detection. It uses advanced technology to take images of the breast from different angles and combine them to create a more complete and accurate image of the breast than is possible with regular 2D digital mammography.

Contrast Enhanced Mammography (CEM) is an advanced breast imaging exam that combines digital mammography with a contrast agent to help highlight areas of increased blood flow that may be associated with breast cancer. CEM can provide greater clarity in certain cases, helping radiologists detect abnormalities that may not be visible on standard mammograms, and may be recommended for patients with dense breast tissue or those requiring additional diagnostic evaluation.

Breast ultrasound

A breast ultrasound is a non-invasive imaging test that uses high-frequency sound waves to create detailed images of the internal structures of the breasts. There are several different types of breast tissue and structure within the breast, most of which are completely normal. Think of a breast ultrasound as a supplemental breast cancer screening. Since dense breast tissue can hide cancer on the mammogram, ultrasound is commonly used as an additional screening tool with mammography.

Nuclear imaging

Nuclear imaging is one of the least invasive and most detailed scans for diagnosing and monitoring various treatments. This safe and effective testing utilizes a radioactive tracer for clear visualization. A medical professional typically administers the tracer intravenously.

Your patients may be concerned about the terminology “nuclear” or “radioactive,” but patients need to understand that this test is safe, effective and has no side effects. Additionally, the amount of radiation administered is minimal. Common conditions that can benefit from nuclear imaging are the following:

- Blood disorder
- Thyroid disease
- Heart disease
- Gallbladder disease
- Lung problems
- Bone issues
- Kidney disease
- Cancer

After the tracer collects in the tissue, a radiation detector produces digital signals, which are stored on a computer and can be generated to film. Our facility is committed to establishing a safe environment, and *our radiologists are available to answer any questions.*

CT scan

Computerized tomography, or CT scan, is a series of X-ray images that take pictures from different angles around the body. The cross-sectional images help our skilled radiologists visualize blood vessels, bones and other tissue.

This **efficient and convenient test allows for quick examination**, especially when the patient is at risk of internal injury or trauma. CT scans help diagnose diseases and plan medical, surgical and radiation therapies.

A coronary calcium score (also called a coronary artery calcium scan or CAC scan) is a quick, non-invasive CT scan that measures the amount of calcified plaque in the arteries supplying blood to the heart. Calcium in these arteries can be an early sign of coronary artery disease.

The exam uses low-dose CT imaging to generate a calcium score, which helps physicians assess a patient's risk for heart disease or future cardiac events such as a heart attack. Higher scores indicate a greater amount of plaque buildup and a higher risk of coronary artery disease.

Calcium scoring is often recommended for individuals with risk factors such as high blood pressure, high cholesterol, diabetes, smoking history, family history of heart disease, or other cardiovascular concerns. The scan is fast, requires no needles or downtime, and can help guide preventive care and treatment decisions.

MRI

Magnetic resonance imaging (MRI) uses magnets and radio waves, processed by computers, to generate images. This noninvasive test utilizes a large, tube-shaped magnet to create cross-sectional images of organs, tissue and the skeletal system. Our knowledgeable radiologists often use this **imaging tool for diseases that CT scans don't detect**.

Ultrasound

For women, a mammogram alone may not be enough to find breast cancer. Dense breasts have more tissue than fat and can hide cancer on a mammogram. If your patient has dense breast tissue, a breast ultrasound can provide superior detection and better peace of mind after a mammogram. A breast ultrasound is a non-invasive imaging test that uses high-frequency sound waves to create detailed images of the internal structures of the breasts. There are several different types of breast tissue and structure within the breast, most of which are completely normal. Think of a breast ultrasound as a supplemental breast cancer screening.

We often think of ultrasound during prenatal care. Besides monitoring the uterus, ovaries, and embryos during pregnancy, this test can be used for many other reasons.

- Diagnose gallbladder disease
- Evaluate blood flow
- Guide needles for biopsy or treatment
- Visualize breast lump
- Examine thyroid gland
- Check genital or prostate problems
- Assess joint inflammation
- Determine bone disease

Our well-trained and personable sonographers understand how to manipulate this technology and can put your patients at ease.

X-ray

Our medical staff uses X-rays, or radiographs, for a wide range of injuries, diseases and disorders. Your patients can receive radiographs with or without contrast. Though this test uses a small amount of radiation, it is considered **safe for all ages, including babies**. However, pregnant women should avoid X-rays as they can harm the growing embryo.

Meet Your Team

Radiology testing has become commonplace for medical professionals. We depend on detailed imaging to make informed diagnoses and treatment plans. However, our team understands that tests can cause fear and anxiety for your patients. That's why we're committed to listening and providing compassionate care.

Our radiology specialists provide a wide range of imaging procedures. We aim to deliver **detailed imaging** to your practice while providing your patient with a **kind and caring experience**. Our radiologists and technologists are truly extraordinary.

Quality and Convenient Imaging Services

We've got you covered, from ultrasound to nuclear imaging and everything in between. We understand the importance of **accurate, accessible and attentive radiology services**. Your patients and practice depend on it.

Our facility and staff strive to provide reliable radiology resources for you and your patients. Our quality radiology and imaging resources are accessible in your community.

Referral Forms

[Imaging](#)

Medical Detox

Genesis Detox at Pulaski, is a medically supervised drug and alcohol detoxification center located in Pulaski, Tennessee, serving patients from the greater Nashville region and surrounding communities. If your patient is struggling with substance abuse we can help with their detoxification and after care plans.

Many patients with substance use disorders express a strong desire to stop using drugs or alcohol but delay treatment because they fear withdrawal. Concern about withdrawal symptoms is one of the most common barriers to initiating recovery, particularly for patients with physiologic dependence on alcohol, opioids, benzodiazepines, and other substances. Medically supervised detoxification can help mitigate these risks while improving patient comfort and engagement in treatment.

Our clinical team provides safe, evidence-based withdrawal management for patients with substance use disorders, including individualized treatment plans, 24/7 medical monitoring, and medication-assisted care when clinically indicated.

We work collaboratively with referring physicians to ensure a seamless transition from detoxification to appropriate ongoing treatment and aftercare, supporting continuity of care and long-term recovery outcomes.

Neurology

Neurology Services with Empathy, Innovation and Persistence

Neurological conditions take a toll on your patient's well-being. Strokes, headaches, seizures and other neurological illnesses can be debilitating — physically and emotionally. Utilizing innovation, persistence and experience, our neurologists and clinicians diagnose and treat diseases of the entire nervous system. With understanding and empathy, we help patients achieve their optimal neurological health.

Headache services

We all experience the occasional headache. But what happens when headaches become debilitating, causing significant personal loss? Headaches can rob people of hours and days.

Migraines, cluster headaches and tension headaches constitute the vast majority of primary headache disorders. Primary care providers (PCPs) can often diagnose and treat these conditions. But, if your patient's headaches persist, you need neurology services your team can count on.

Headaches can be the product of an underlying issue. That's why we commit to understanding the cause and treating the symptoms.

Stroke services

When your patient experiences a transient ischemic attack (TIA) or stroke, the sudden loss of control is frightening. Stroke is the primary cause of disability in the United States, causing incalculable personal costs. **We have assembled the team and treatments your patients need for optimal recovery.** We are proud to offer stroke prevention and efficient interventions close to home.

Seizure services

Seizures cause unusual movements, odd behaviors, and decreased levels of consciousness. Like strokes, these brain disturbances evoke startling emotions in patients, friends and family. Our facility is here to help **reduce epileptic episodes and determine the root cause.**

Other neurology services

The nervous system is extensive, impacting all other body systems. Additionally, many neurological conditions are tricky to diagnose. Our facility invests in **cutting-edge technology to help expedite diagnosis and improve outcomes.**

Some other neurology conditions we treat are the following:

- Cerebral palsy
- Parkinson's disease
- Multiple sclerosis
- Peripheral neuropathies
- Movement and gait conditions
- Sleep disturbances

Whatever the diagnosis, our team seeks to help patients achieve optimal vigor.

Your neurology team

The field of neurology is ever-changing and evolving. You need access to neurologists who are eager to learn and adapt to current research and innovative treatments. Despite the complexity of neurological conditions, **our team consists of lead learners.** We are individuals inclined to advance the field and improve outcomes.

Why choose us?

Delivering excellent neurology services with empathy, innovation and persistence is what we do. Your patients know their bodies the best. They know when things are off. That's why all our visits begin with active listening.

Additionally, we are committed to collaboration. As the physician on the front lines, you need neurology services that value your insights. Consultation with in-house specialists is also vital. This **teamwork ensures your patients receive timely results and answers.**

Partnering to reach optimal neurological health

Neurological symptoms can evoke strong emotions in patients. PCPs provide invaluable resources as patients explore concerns and ask many questions. We are here to help answer those questions and investigate the root causes of neurological problems.

We are here to expedite diagnosis and improve outcomes. Why? Because we understand that each person has unique needs and personal concerns. We aim to help every patient achieve optimal neurological health.

Ready to partner with a team dedicated to excellence and empathy? Click the “Refer” button to get started.

Orthopedics

Enhancing Lives with Accessible Orthopedic Services

Joint pain can keep your patient from living their best life. But who can you trust for accessible orthopedic services? Our facility offers a variety of orthopedic services to promote prevention, detection, treatment and rehabilitation in an environment of compassion.

The Robotic Advantage

Mako is an innovative solution for many suffering from painful arthritis of the knee or hip.

Scan. It all starts with a CT scan so the surgeon can know more about the patient's anatomy.

Plan. The CT scan is used to create a 3D CT-based model of the patient's joint. The surgeon uses this 3D model to create a personalized surgical plan and assists the surgeon in performing the joint replacement procedure.

Mako Can. In the operating room, the surgeon follows the patient's personalized surgical plan while preparing the bone for the implant. The surgeon guides Mako's robotic arm within the predefined area, and Mako's AccuStop™ technology helps the surgeon stay within the planned boundaries that were defined when the personalized pre-operative plan was created.

It's important to understand that the surgery is performed by an orthopedic surgeon, who guides Mako's robotic arm during the surgery to position the implant in the knee and hip joints. Mako does not perform surgery, make decisions on its own or move without the surgeon guiding it. Mako also allows your surgeon to make adjustments to your plan during surgery as needed.

Neck and Back Pain

Back and neck pain **affects more than 80% of adults** at some point in their life. With a column of 33 vertebrae, the spine, which extends from the skull to the pelvis, is often the culprit of debilitating pain.

When evaluating therapy options for the spine, your patient may feel some anxiety. Thankfully, many spine conditions do not require surgical interventions. Our orthopedic specialists are committed to providing pain management and treatment interventions tailored to meet your patient's unique needs. We aim to empower individuals with the tools and resources that promote an active lifestyle.

Joint Pain

Knee injuries and hip pain are common reasons people visit an orthopedic surgeon. Before establishing a plan of care, our orthopedic experts will perform a thorough assessment and any necessary diagnostic tests. After diagnosis, our specialists will discuss treatment options.

Committed to safety and long-term mobility, our providers choose non-surgical therapies whenever possible. Yet, we are certified to perform surgical interventions when necessary.

We offer surgical options for several joint repairs or replacements if non-invasive interventions prove ineffective. Our orthopedic surgeons may recommend surgical treatment if the following conditions apply:

- Joint pain that continues despite compliance with non-surgical therapies
- Loss of significant range of motion
- Joint discomfort during times of rest
- Decreased ability to perform daily or athletic activities

Regardless of treatment modality, we deliver thorough education so patients are informed and on board with the recommended treatment plan.

Hand and Wrist Pain

Hobbies, like gardening or sports, enhance our lives. The effects of a hand or wrist injury can be far-reaching, preventing your patients from doing their favorite activities and limiting athletic performances. Since these common injuries can lead to forearm and elbow pain, our orthopedic specialists are ready and available to treat your patient's hand or wrist injury.

As with all our orthopedic services, we begin with a complete evaluation of the injury and testing that ensures proper diagnosis. Whether or not surgical intervention is necessary, your patients will receive **treatments precisely designed**

to help them get back to what they love.

Foot & Ankle Care

Podiatry services provide specialized evaluation, diagnosis, and management of a wide range of foot and ankle conditions. Our podiatric specialists treat both common and complex pathologies, including bunions, hammertoes, plantar fasciitis, ingrown toenails, heel pain syndromes, traumatic injuries, diabetic foot complications, and dermatologic conditions affecting the lower extremity.

Working collaboratively with referring providers, our team offers comprehensive treatment options tailored to each patient's clinical needs, including custom orthotics, conservative therapies, wound care, rehabilitation strategies, and surgical intervention when indicated. Through a patient-centered, evidence-based approach, we help improve mobility, alleviate pain, and support long-term foot and ankle health while maintaining continuity of care with the referring healthcare team.

Orthopedic Services Available Near You

Our skilled orthopedics and spine team remains focused on your patient's needs, conditions, and injuries. We are committed to developing a course of treatment to **lessen pain, correct or reduce symptoms, and speed recovery**. Our hospital offers various orthopedic services, so your patients receive the right treatment at the right time in their community.

Interventional orthopedic services

- Hand and upper extremity services
- Spine and neck services
- Joint replacement surgery
- Partial hip and knee replacement
- Total hip and knee replacement
- Sports medicine

Supportive orthopedic services

- Pain management
- Diagnostic testing
- Imaging resources

- Physical Therapy (Adult & Pediatric)

Meet Your Orthopedic Team

We work with exceptional orthopedic specialists and an experienced spine team to bring you and your patients a wide range of **interdisciplinary orthopedic services**. That's why your patients can access highly qualified orthopedic specialists and surgeons right in their community.

Your Provider Team



Messina Barnett, NP

EMPLOYED PROVIDER

Orthopedic Surgery

Pulaski, TN



McKay Davis, DPM

EMPLOYED PROVIDER

Podiatry, Foot and Ankle

Surgery

Pulaski, TN



John Tullos, MD

EMPLOYED PROVIDER

Orthopedic Surgery

Pulaski, TN

Providing Quality Orthopedic Care

We are passionate and dedicated to providing quality orthopedic services just down the street. As the referring physician, **you hold the key that unlocks the door to better procedural outcomes**. Our staff understands that you want excellent orthopedic care for your patients. We take our partnerships seriously and are privileged to collaborate with you to provide safe, quality orthopedic care. Referring your patient is easy. Click the "Refer" link to get started.

Rehabilitation Services

Enhancing Patient Lives with Comprehensive Outpatient Rehabilitation Therapy

We offer comprehensive outpatient rehabilitation therapy for adults across our facilities. With an experienced staff including Physical Therapists, Occupational Therapists and Speech-Language Pathologists, we are ready to help patients get back to their active lives.

Our highly skilled and knowledgeable therapy practitioners specialize in improving the abilities and lives of those affected by injuries, disease, illness, pain, and developmental delays.

Physical Therapy

With our state-of-the-art exercise and rehabilitation equipment, we are able to provide physical therapy services to individuals who have sustained injuries or have limitations in their functional status due to disease, injury or illness. We pride ourselves on providing one-on-one care for each patient by licensed therapists only. We strive to create personalized treatment programs to regain skills and achieve the best possible outcome for a good quality of life.

Conditions that we treat include, but are not limited to:

- Arthritis
- Difficulty in activities of daily living (ADLs)
- Falls
- Generalized weakness
- Lower extremity amputations
- Neck/back pain
- Neurological impairments
- Orthopedic pain/injuries
- Parkinson's disease
- Sports injuries
- Vertigo

Speech Therapy

If your patient suffers from a speech or language problem, it may be hard for them to communicate, participate in daily activities or enjoy their time with others. Highpoint Health Therapy Services, located at Highpoint Health – Sumner Station, offers outpatient speech therapy for a variety of patient populations. Speech therapy is the assessment, diagnosis and treatment of speech, language, cognitive communication, voice and swallowing disorders by a speech-language pathologist so that your patient can achieve a higher level of verbal expression, comprehension and swallowing safety. We are here to help your patients get back to their active lives.

Conditions that may warrant an evaluation:

- Stroke
- Brain mass
- TBI
- Dementia or Alzheimer's disease
- ALS and MS
- Parkinson's disease
- Huntington's disease
- Head and neck cancer

Occupational Therapy

Occupational Therapy addresses a person's fine motor skills, sensory processing, and strength and coordination in their upper extremities.

For example:

- Fine Motor Skills: Brushing Teeth, Getting Dressed, Holding a Pencil
- Sensory Processing: Autism, Difficulty Dealing with an Environment, Inability to Tolerate Change
- Strength and Coordination: Difficulty Using Utensils, Decreased Hand Strength, Low Tone

Pediatric Physical, Speech and Occupational Therapy

Our therapists have successfully treated patients with diagnoses including but are not limited to:

- ADHD
- Down Syndrome
- Sensory Processing Disorders

- Prematurity / Early Intervention / Infant Stimulation
- Feeding and Oral Motor Delays
- Hemiplegia
- Development Delays
- Neuro-Motor Dysfunction
- Handwriting Problems / Visual Motor / Visual Perceptual Delays
- Autism Spectrum Disorders
- Torticollis
- Club Foot
- Decreased Tone / Increased Tones
- Cerebral Palsy
- Genetic Disorders
- Dyslexia
- Social Skills / Social Transitions

Pulmonary Rehabilitation

Our pulmonary rehabilitation program provides evidence-based, multidisciplinary care for patients with chronic respiratory conditions, helping improve functional capacity, symptom management, and overall quality of life. We partner closely with referring physicians and healthcare providers to deliver individualized treatment plans that support disease management and reduce the impact of respiratory limitations on daily activities.

Pulmonary Function Testing (PFT)

Accurate assessment is essential to effective pulmonary care. Our comprehensive pulmonary function testing services assist referring providers in the evaluation, diagnosis, and ongoing management of respiratory disorders.

Testing may include:

- Spirometry
- Lung volume measurement
- Diffusion capacity (DLCO)
- Bronchodilator responsiveness testing
- Pre- and post-treatment assessments
- Serial monitoring of pulmonary disease progression

PFT results are interpreted by experienced pulmonary specialists and communicated promptly to support clinical decision-making and treatment planning.

We accept all insurances including TNCare, Amerigroup, Americhoice, BCBS, etc. We also have a contract with TEIS for the treatment of children 0-3 years of age with TEIS as a payer after insurance.

Ready to Get Started?

As a referring provider, you are an important member of your patient's therapy services team. Upon referral, your patient meets with our staff for a consultation. Our team then develops a treatment plan for your patients and informs you throughout the process. For more, information, click 'Refer Now' for our updated contact information.

Sleep Center

Sleep Center

The Joint Commission Accredited Sleep Center in Pulaski offers solutions to debilitating sleep disruptions for your patients. By combining technology in our sleep lab with a personal touch, our registered technologist will conduct a thorough evaluation of potential sleep disorders and generate a comprehensive diagnostic report for your patients. With this information, a treatment plan can be implemented.

Common Sleep Disorders

- Sleep Apnea
- Narcolepsy
- Chronic Insomnia
- Restless Leg Syndrome
- Sleep Walking

What Patients Should Expect During a Sleep Study

In-Lab Sleep Study-Overview

An in-lab sleep study provides a board certified sleep medicine physician with the most complete evaluation of your patients sleep. Your patient will be required to stay overnight at the Sleep Center.

An in-lab sleep study, also known as a polysomnogram, records your patients brain waves, heartbeat and breathing as you sleep. It also records your patients eye movements, limb movements and oxygen in their blood. This data will help make a diagnosis and develop a treatment plan.

An in-lab sleep study is the way to ensure that your patients have the proper diagnosis for a sleep disorder.

Surgery

Boldly Transforming Surgical Care

No one excitedly anticipates surgery day. Yet, sometimes, surgical interventions are the best option. We understand the risks and reservations often associated with surgical procedures, which is why our teams work closely with patients, families, and their primary care doctors to ensure that we answer every question and address every concern through their care journey.

Why Choose General Surgery?

The decision to undergo any surgery, let alone general surgery, is a big one. General surgery as a specialty encompasses a wide variety of procedures, many of which occur in the abdomen. Our surgical team coordinates the care and management of each patient every step of the way through screening, surveillance, surgical intervention, rehabilitation, and follow-up care.

Key conditions general surgeons treat include:

- Traumatic injuries
- Physical abnormalities
- Breast cancer
- Conditions involving the upper GI tract (esophagus, stomach and small intestine).
- Conditions involving the biliary tract (gallbladder, bile ducts, pancreas and liver).
- Endocrine conditions (involving the thyroid or adrenal glands).
- Vascular conditions
- Critical illness and terminal illness

Benefits of General Surgery

- **Tailored Treatment Approach:** Our surgeons make every decision in real time, adapting to your specific anatomy and situation.
- **Unmatched Dexterity:** Years of honing their craft give our surgeons unparalleled flexibility and control over instruments.
- **Personalized Care:** We build relationships with our patients, ensuring you feel informed and supported throughout your journey.

- **Proven Results:** We boast a track record of success with a wide range of procedures, using minimally invasive techniques whenever possible.

With our surgeon's hands at the helm, our patients can rest assured knowing they will always receive the highest quality care. However, as with all medical procedures, results vary.

Achieving Better Outcomes

Our team of seasoned surgeons and dedicated healthcare professionals bring more than just expertise to the operating room. We bring compassion, understanding, and a commitment to each patient's unique needs. When surgery is necessary, we aim to **support patient recovery with exceptional education, reliable resources and proven protocols.**

We utilize the Enhanced Recovery After Surgery (ERAS) protocol, a multimodal approach to post-surgical pain management. This evidence-based guideline helps decrease postprocedural pain, promote mobilization and reduce narcotic use.

Meet Your Surgical Team

Committing to patient-centric interventions, our surgeons aim for successful and safe procedures. We are **committed to excellence, innovation, and, most importantly, superior patient care.**

Your Provider Team



Messina Barnett, NP

EMPLOYED PROVIDER

Orthopedic Surgery

Pulaski, TN



Rachael Clark, MD

General Surgery

Pulaski, TN



McKay Davis, DPM

EMPLOYED PROVIDER

Podiatry, Foot and Ankle

Surgery

Pulaski, TN



Derrick Galapon, MD

EMPLOYED PROVIDER

General Surgery

Pulaski, TN



**Courtney McKeown,
MD**

General Surgery
Columbia, TN



John Tullos, MD
EMPLOYED PROVIDER

Orthopedic Surgery
Pulaski, TN



Amy Vertrees, MD

General Surgery
Columbia, TN

Progressive Technology and Positive Results

No surgery is routine — at least not to your patient. We understand that. Our full range of surgical options delivers the proper treatment for each patient.

With our eyes on excellence, we strive to demonstrate this drive with **proven expertise and positive patient outcomes**. However, our tools and training are only possible with your collaboration.

Contact us today to learn how we can *work together to transform surgical care*. Referring your patient to our surgical services is easy.

Swing Bed

Swing Bed

Swing Bed care is a specialty service provided only by select, licensed hospitals. It is used for a second level of medically-supervised care and is specially designed to fill the gap between the patient's hospital stay and going home. Patients may receive appropriate therapies, ongoing nursing care, IV medications or assistance with healing wounds. Most importantly, patients can begin to participate in their own care and continue their recovery before ever leaving the hospital.

Who should be referred for Swing Bed Services?

Typically, Swing Bed patients may have one or more of the following reasons for requesting a Swing Bed:

- Restorative Care
- Undergoing acute / sub-acute rehabilitation
- Needing additional therapies for recovery, such as physical, occupational, or speech
- Needs intravenous therapy and/or medications
- Have significant discharge education needs, such as self-catheterization, management of recent ostomy, and administration of injection medications, feed tube care, or management of a PICC line.

Why Choose STRHS?

We understand when it comes to healthcare, you have a choice. At STRHS, we are licensed in swing bed care and we offer the finest amenities in a clean and professional environment.

- Private Rooms
- Highly Experienced and Specialized Nursing Staff
- Access to a Familiar Medical Staff
- Certified Physical, Occupational, and Speech Therapists
- On-Site Access to Diagnostic Testing
- Dietary Services with Individualized Meal Planning
- Detailed Discharge Planning for Home Transition
- Patient and Family Participation in Patient Care and Plan of Care Decisions

Admission Process for our Swing Bed Program

Referrals can be directed to our Case Manager/ Swing Bed Coordinator at (931) 363-9331.

Important Information we need for admission/registration:

- Insurance Information
- Patient History
- Current Lab Results
- Current Clinical Progress Notes
- Current therapy progress notes and plan of care (if applicable)
- Medication Record
- Care Recommendations

The patient must have MEDICARE or have PRIVATE INSURANCE that will cover Swing Bed services. Patient must be willing to pay for services NOT covered by reimbursement. Patients are reviewed weekly or as needed in multidisciplinary patient care conferences to evaluate progression in the plan of care. Under the attending physician's guidance, all care will be provided to meet individual patient goals.

Urology

Urology Services with Excellence and Dignity

Patients often feel uncomfortable talking about incontinence or erectile dysfunction. Consequently, they avoid much-needed treatment because of embarrassment. Your patients need urology services with dignity. We commit to delivering excellent urology services with compassion, discretion and sensitivity.

Exceptional Urology Services

When you partner with us, you get **exceptional urology services and a multi-disciplinary team**. Our urologists specialize in diagnosing and treating urinary tract conditions and male reproductive problems. Some urology conditions our team treats include:

- Urinary incontinence
- Overactive bladder
- Urinary tract infections (UTIs)
- Kidney stones
- Benign prostate hyperplasia (BPH)
- Erectile dysfunction
- Hematuria
- Urologic cancers, including prostate, bladder, kidney and testicular cancers

We are passionate about collaboration because a team approach produces superior results. That's why we take a multi-disciplinary approach to all our urology services. Regardless of diagnosis, we coordinate care with you, the oncologist, the cardiologist, or other providers to ensure exceptional care for your patients.

Improving Results with Innovation

More than 50% of men experience benign prostatic hyperplasia (BPH) after the age of 60. For decades, surgeons have used transurethral resection of the prostate (TURP) to treat BPH. However, Aquablation is an innovative, minimally invasive technique that uses robotic technologies to treat BPH. Some of the benefits of using Aquablation include:

- Protection of male anatomy
- Conservation of sexual function
- Less resection and procedural time
- High safety ratings
- No need for ionizing radiation
- No thermal damage

Aquablation produces comparable results to TURP with less irreversible complications, like incontinence, erectile dysfunction and ejaculatory ineptitude. **Men often prefer Aquablation because of the improved net benefits.** Our facility is proud to deliver this sought-after surgery to your male patients.

Your Urology Team

As a conscientious provider, you need urology resources you can count on. Our premier urologists excel in diagnosing and treating urinary tract and male reproductive conditions. Our physicians focus on personalized interventions while working collaboratively to produce excellent results.

We are passionate about creating a patient-first environment. That's why we prioritize listening to understand. We want to understand the problem and how the condition affects your patient's life. **With a holistic mindset, our urologists treat not only the problem but the person.**

Your Provider Team



Andrea Vanfleet, FNP

EMPLOYED PROVIDER

Urology

Lawrenceburg, TN

Why Choose Us?

We prioritize patient-centered care. Your patients need a urology team **committed to listening, learning and leading them to a better life without so many genitourinary interruptions.** That's why we advance our techniques while focusing on person-first communication and care.

Your patients are tired of endless bathroom breaks and subpar sexual health. We are here to help preserve their dignity and way of life.

Providing Advanced Urology Services in Your Neighborhood

Many people feel embarrassed to talk about problems they experience in the bathroom and bed. That's why so many postpone treatment. With **empathy at our core, we aim to listen, understand and respond to concerns with dignity and discretion.**

From curing urinary conditions to restoring sexual health, our superior urology team strives to improve your patient's life by addressing annoying genitourinary conditions. Contact us to learn how we can bring excellent urology services to your patients. Click the "Refer" button to get started today.