



Saline Health System

Service Line Guide

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Refer a Patient

Our physician liaisons provide support and information to referring physicians and other health care providers.

Please call us to get connected.

Referrals: [501.214.1227](tel:501.214.1227)

Admissions/Transfers: [501.214.1227](tel:501.214.1227)

Behavioral Health

Behavioral Health Services: Meeting Patients Where They Are

No one wants to need mental or behavioral health services. Yet, mental health is foundational to individual, family and community wellness. We're here to walk alongside your patients, meeting them where they are and supporting them for success. That's why we offer acute intervention, outpatient support, virtual appointments and community referrals.

Judgement-Free Behavioral Health Services

As a caring provider, you need access to empathetic behavioral health services. We diagnose, treat, encourage and promote holistic wellness for your patients. Here are some of the conditions we treat:

- Community mental health concerns
- Acute, inpatient mental health conditions
- Suicide risk

We understand that life is challenging. That's why we commit to **providing judgement-free behavioral health services for your patients.**

Your Behavioral Health Team

Your behavioral health team meets patients where they are in their mental health journey. We function collectively so individuals receive the optimal opportunity to overcome psychological conditions.

1. Our **psychiatrists** are medical doctors specializing in mental and behavioral health issues. They can write prescriptions when necessary.
2. Our **psychologists** are counselors providing practical therapy. They aim to equip patients with the tools to become mentally healthy and strong.
3. Our **social workers** access resources to promote success outside the hospital.

With compassion and collaboration, we are here to provide behavioral health services your team and patients can count on.

Why Choose Us?

Empathy is at the core of all we do. Our staff walk alongside patients, guiding, supporting and facilitating growth and healing. We deliver behavioral health services with confidentiality, convenience and compassion while helping navigate financial coverage.

Compassion

Our behavioral health specialists listen to understand. They practice **empathetic therapy and judgement-free conversations**. Many of your patients may not have a strong support system. They need care and support every step of the way. So, we offer compassionate behavioral health services that help patients achieve a brighter future.

Confidentiality

Trust is foundational for the success of behavioral health services. Patients want to know that medical staff will uphold their right to privacy and dignity. We commit to confidentiality. We only disclose information when legally required in the following situations:

- Possible child or elder abuse
- Reasonable suspicion that the individual may harm themselves or someone else
- Court order

Our facility strives to **promote mental health by building trust**.

Delivering Empathetic Behavioral Health Services

We understand that behavioral health services often come with a stigma. We want to change that. Mental health is foundational to the resilience of our patients, friends, families and communities. That's why we aim to deliver empathetic behavioral health services that support your patient's wellness. To get started, click the "Refer" button.

Cardiology

Shaping Cardiology Services with Accessibility and Compassion

Cardiac conditions complicate many of your patients' lives. Sometimes, patient education, lifestyle modifications and pharmaceutical interventions are just not enough. **When your patients need cardiac care, we're here to help.** We're shaping cardiology services in your community with compassion, accessibility and excellence.

Cardiac Care in Your Community

We all know the heart is vital to overall health, but maintaining cardiac wellness can be challenging. Our fast-paced lives make eating healthy, exercising and reducing stress complicated. Yet, as a medical provider, you understand how integral heart health is.

When heart problems **require more than diet modifications, exercise plans and medication therapy, you can count on us** for compassionate cardiac care. We provide a variety of interventional treatments and procedures.

Cardiac Catheterization and Vascular Lab

Our **cardiac catheterization lab offers stents and interventional peripheral procedures** to treat cardiac infarctions. Non-ST Elevated Myocardial Infarctions (Non-STEMI) often cause some degree of vascular blockage, reducing oxygen supply to the brain and body. Our cardiac cath lab specialists are here to help reduce adverse outcomes and improve the lives of the people in your community.

We also offer a **broad range of non-invasive vascular procedures and tests** to help you make informed decisions and personalized care plans. Some cardiac care procedures available in your community include:

- Echocardiograms
- Angiograms
- Cardioversions
- Peripheral arterial and carotid testing
- Stress testing

- Thoracic echocardiography (TTE) imaging

Maintaining heart health requires ongoing attention and purpose-driven therapies. Supporting you and your patients is what we do. So, we are proud to provide inpatient and outpatient cardiac care and rehabilitation right around the corner.

Our Commitment to Excellence

Our facility and medical staff are dedicated to maintaining high standards of cardiac services. Specifically, we are committed to:

1. Maintaining current best practices.
2. Using appropriate surgical approaches.
3. Committing to the gold standard of post-procedural care.
4. Committing to improving patient outcomes.

Our cardiology team prioritizes patient-centered therapy and is dedicated to holistic, personalized interventions. Our facility and staff's **devotion to excellent, compassionate patient care is the foundation of our success.**

Your Cardiology Team

Our highly skilled, understanding cardiologists have training in a variety of cardiac care services that promote prevention, detection, treatment and recovery. We are dedicated to providing imaging, tests, and procedures that help you become maximally effective.

We understand how necessary collaboration and cath lab resources are for medical providers who are on the frontlines of patient care. Our medical staff will **work closely with you and your patient to create the best treatment plan** because we want to help you succeed and your patient get back to living life fully.

**Ayman Alshami, MD**

EMPLOYED PROVIDER

Interventional Cardiology

Benton, AR

**Allan Hatch, MD**

Cardiology

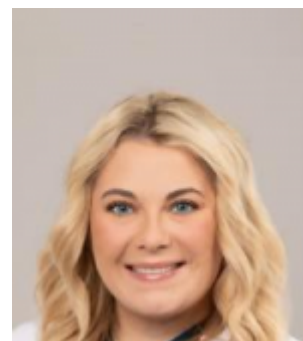
Benton, AR

**Jeffrey Stewart, MD**

EMPLOYED PROVIDER

Interventional Cardiology

Benton, AR

**Katelyn Warren,
AGACNP-BC**

EMPLOYED PROVIDER

Cardiology

Benton, AR

Ready to Get Started?

We understand the challenges and complexity of cardiac therapy. We're here to support you and your patients. From non-STEMI care to cardiac rehab and everything in between, we've got you covered.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate cardiac care in their community.** Ready to get started? Click the "Refer" button.

Imaging

Quality Imaging Services That Are Accessible

Modern medicine depends on radiology and imaging services for establishing informed treatment plans. As a medical provider, you need resources that support your practice. Our facility provides **accurate, dependable and convenient imaging resources** for you and your patients.

Reliable Radiology Services

Radiology testing uses radiant energy to take pictures and visualize many body parts. Our radiologists use these tests to determine a diagnosis and evaluate treatment. Here are some of the tools and tests we use to help establish care plans for your patients.

Mammography

Mammography is an X-ray used to detect and diagnose breast concerns. With **equipment dedicated to these breast exams**, we provide high-quality, low-dose radiation to evaluate breast problems, such as a lump, pain or nipple drainage.

Nuclear imaging

Nuclear imaging is **one of the least invasive and most detailed scans** for diagnosing and monitoring various treatments. This safe and effective testing utilizes a radioactive tracer for clear visualization. A medical professional typically administers the tracer intravenously.

Your patients may be concerned about the terminology “nuclear” or “radioactive,” but patients need to understand that this test is safe, effective and has no side effects. Additionally, the amount of radiation administered is minimal. Common conditions that can benefit from nuclear imaging are the following:

- Blood disorder
- Thyroid disease
- Heart disease
- Gallbladder disease

- Lung problems
- Bone issues
- Kidney disease
- Cancer

After the tracer collects in the tissue, a radiation detector produces digital signals, which are stored on a computer and can be generated to film. Our facility is committed to establishing a safe environment, and *our radiologists are available to answer any questions.*

CT scan

Computerized tomography, or CT scan, is a series of X-ray images that take pictures from different angles around the body. The cross-sectional images help our skilled radiologists visualize blood vessels, bones and other tissue. This **efficient and convenient test allows for quick examination**, especially when the patient is at risk of internal injury or trauma. CT scans help diagnose diseases and plan medical, surgical and radiation therapies.

MRI

Magnetic resonance imaging (MRI) uses magnets and radio waves, processed by computers, to generate images. This noninvasive test utilizes a large, tube-shaped magnet to create cross-sectional images of organs, tissue and the skeletal system. Our knowledgeable radiologists often use this **imaging tool for diseases that CT scans don't detect.**

Ultrasound

An ultrasound, or sonography, produces high-intensity sound waves to visualize structures within the body. This safe and effective test **does not use any radiation.**

We often think of ultrasound during prenatal care. Besides monitoring the uterus, ovaries, and embryos during pregnancy, this test can be used for many other reasons.

- Diagnose gallbladder disease
- Evaluate blood flow
- Guide needles for biopsy or treatment
- Visualize breast lump
- Examine thyroid gland
- Check genital or prostate problems

- Assess joint inflammation
- Determine bone disease

Our well-trained and personable sonographers understand how to manipulate this technology and can put your patients at ease.

X-ray

Our medical staff uses X-rays, or radiographs, for a wide range of injuries, diseases and disorders. Your patients can receive radiographs with or without contrast. Though this test uses a small amount of radiation, it is considered **safe for all ages, including babies**. However, pregnant women should avoid X-rays as they can harm the growing embryo.

Meet Your Team

Radiology testing has become commonplace for medical professionals. We depend on detailed imaging to make informed diagnoses and treatment plans. However, our team understands that tests can cause fear and anxiety for your patients. That's why we're committed to listening and providing compassionate care.

Our radiology specialists provide a wide range of imaging procedures. We aim to deliver **detailed imaging** to your practice while providing your patient with a **kind and caring experience**. Our radiologists and technologists are truly extraordinary.

Quality and Convenient Imaging Services

We've got you covered, from ultrasound to nuclear imaging and everything in between. We understand the importance of **accurate, accessible and attentive radiology services**. Your patients and practice depend on it.

Our facility and staff strive to provide reliable radiology resources for you and your patients. Our quality radiology and imaging resources are accessible in your community.

Orthopedics

Enhancing Lives with Accessible Orthopedic Services

Joint pain can keep your patient from living their best life. But who can you trust for accessible orthopedic services? Our facility offers a variety of orthopedic services to promote prevention, detection, treatment and rehabilitation in an environment of compassion.

Neck and Back Pain

Back and neck pain **affects more than 80% of adults** at some point in their life. With a column of 33 vertebrae, the spine, which extends from the skull to the pelvis, is often the culprit of debilitating pain.

When evaluating therapy options for the spine, your patient may feel some anxiety. Thankfully, many spine conditions do not require surgical interventions. Our orthopedic specialists are committed to providing pain management and treatment interventions tailored to meet your patient's unique needs. We aim to empower individuals with the tools and resources that promote an active lifestyle.

Joint Pain

Knee injuries and hip pain are common reasons people visit an orthopedic surgeon. Before establishing a plan of care, our orthopedic experts will perform a thorough assessment and any necessary diagnostic tests. After diagnosis, our specialists will discuss treatment options.

Committed to safety and long-term mobility, our providers choose non-surgical therapies whenever possible. Yet, we are certified to perform surgical interventions when necessary.

We offer surgical options for several joint repairs or replacements if non-invasive interventions prove ineffective. Our orthopedic surgeons may recommend surgical treatment if the following conditions apply:

- Joint pain that continues despite compliance with non-surgical therapies
- Loss of significant range of motion
- Joint discomfort during times of rest

- Decreased ability to perform daily or athletic activities

Regardless of treatment modality, we deliver thorough education so patients are informed and on board with the recommended treatment plan.

Hand and Wrist Pain

Hobbies, like gardening or sports, enhance our lives. The effects of a hand or wrist injury can be far-reaching, preventing your patients from doing their favorite activities and limiting athletic performances. Since these common injuries can lead to forearm and elbow pain, our orthopedic specialists are ready and available to treat your patient's hand or wrist injury.

As with all our orthopedic services, we begin with a complete evaluation of the injury and testing that ensures proper diagnosis. Whether or not surgical intervention is necessary, your patients will receive **treatments precisely designed to help them get back to what they love.**

Orthopedic Services Available Near You

Our skilled orthopedics and spine team remain focused on your patient's needs, conditions, and injuries. We are committed to developing a course of treatment to **lessen pain, correct or reduce symptoms, and speed recovery.**

Our hospital offers various orthopedic services, so your patients receive the right treatment at the right time in their community.

Interventional orthopedic services

- Hand and upper extremity services
- Spine and neck services
- Joint replacement surgery
- Partial hip and knee replacement
- Total hip and knee replacement
- Sports medicine

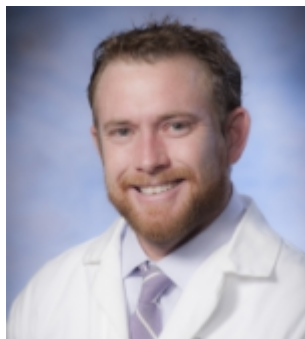
Supportive orthopedic services

- Pain management
- Diagnostic testing
- Imaging resources

- Rehabilitation

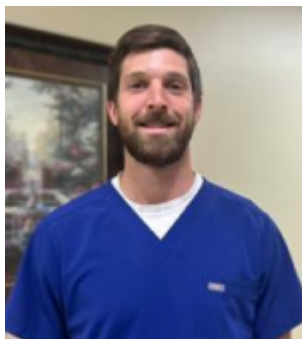
Meet Your Orthopedic Team

We work with exceptional orthopedic specialists and an experienced spine team to bring you and your patients a wide range of **interdisciplinary orthopedic services**. That's why your patients can access highly qualified orthopedic specialists and surgeons right in their community.



Mark Bailey, Jr., MD

Orthopedic Surgery
Benton, AR



Nicholas Crump, PA-C

EMPLOYED PROVIDER
Orthopedic Surgery
Bryant, AR



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David Street, PA

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Orthopedic Surgery
Bryant, AR



Donald Walsh, MD

EMPLOYED PROVIDER
Orthopedic Surgery
Hot Springs, AR

Providing Quality Orthopedic Care

We are passionate and dedicated to providing quality orthopedic services just down the street. As the referring physician, **you hold the key that unlocks the door to better procedural outcomes.** Our staff understands that you want excellent orthopedic care for your patients. We take our partnerships seriously and are privileged to collaborate with you to provide safe, quality orthopedic care. Referring your patient is easy. Click the “Refer” link to get started.



Nationally recognized care, locally provided.

We're tremendously proud of our outstanding care teams for delivering consistently better-than-expected outcomes for patients.

Surgery

Boldly Transforming Surgical Care

No one excitedly anticipates surgery day. Yet, sometimes, surgical interventions are the best option. We understand the risks and reservations often associated with surgical procedures, which is why our teams work closely with patients, families, and their primary care doctors to ensure that we answer every question and address every concern through their care journey.

Why Choose General Surgery?

The decision to undergo any surgery, let alone general surgery, is a big one. General surgery as a specialty encompasses a wide variety of procedures, many of which occur in the abdomen. Our surgical team coordinates the care and management of each patient every step of the way through screening, surveillance, surgical intervention, rehabilitation, and follow-up care.

Key conditions general surgeons treat include:

- Traumatic injuries
- Physical abnormalities
- Breast cancer
- Conditions involving the upper GI tract (esophagus, stomach and small intestine).
- Conditions involving the biliary tract (gallbladder, bile ducts, pancreas and liver).
- Endocrine conditions (involving the thyroid or adrenal glands).
- Vascular conditions
- Critical illness and terminal illness

Benefits of General Surgery

- **Tailored Treatment Approach:** Our surgeons make every decision in real time, adapting to your specific anatomy and situation.
- **Unmatched Dexterity:** Years of honing their craft give our surgeons unparalleled flexibility and control over instruments.
- **Personalized Care:** We build relationships with our patients, ensuring you feel informed and supported throughout your journey.

- **Proven Results:** We boast a track record of success with a wide range of procedures, using minimally invasive techniques whenever possible.

With our surgeon's hands at the helm, our patients can rest assured knowing they will always receive the highest quality care. However, as with all medical procedures, results vary.

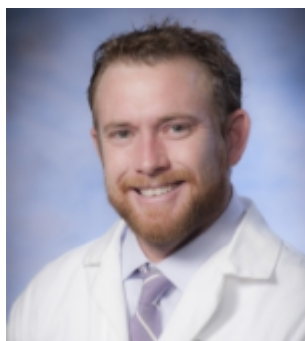
Achieving Better Outcomes

Our team of seasoned surgeons and dedicated healthcare professionals bring more than just expertise to the operating room. We bring compassion, understanding, and a commitment to each patient's unique needs. When surgery is necessary, we aim to **support patient recovery with exceptional education, reliable resources and proven protocols.**

We utilize the Enhanced Recovery After Surgery (ERAS) protocol, a multimodal approach to post-surgical pain management. This evidence-based guideline helps decrease postprocedural pain, promote mobilization and reduce narcotic use.

Meet Your Surgical Team

Committing to patient-centric interventions, our surgeons aim for successful and safe procedures. We are **committed to excellence, innovation, and, most importantly, superior patient care.**



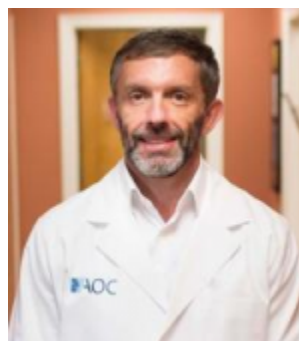
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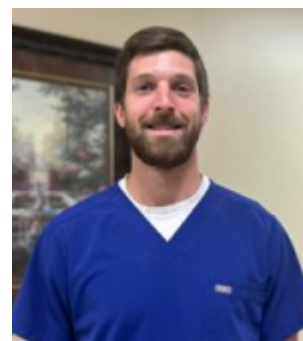
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Benton, AR

**David Street, PA****EMPLOYED PROVIDER**

Orthopedic Surgery

Bryant, AR

**Donald Walsh, MD****EMPLOYED PROVIDER**

Orthopedic Surgery

Hot Springs, AR

Progressive Technology and Positive Results

No surgery is routine — at least not to your patient. We understand that. Our full range of surgical options delivers the proper treatment for each patient.

With our eyes on excellence, we strive to demonstrate this drive with **proven expertise and positive patient outcomes**. However, our tools and training are only possible with your collaboration.

Contact us today to learn how we can *work together to transform surgical care*. Referring your patient to our surgical services is easy.

Urology

Urology Services with Excellence and Dignity

Patients often feel uncomfortable talking about incontinence or erectile dysfunction. Consequently, they avoid much-needed treatment because of embarrassment. Your patients need urology services with dignity. We commit to delivering excellent urology services with compassion, discretion and sensitivity.

Exceptional Urology Services

When you partner with us, you get **exceptional urology services and a multi-disciplinary team**. Our urologists specialize in diagnosing and treating urinary tract conditions and male reproductive problems. Some urology conditions our team treats include:

- Urinary incontinence
- Overactive bladder
- Urinary tract infections (UTIs)
- Kidney stones
- Benign prostate hyperplasia (BPH)
- Erectile dysfunction
- Hematuria
- Urologic cancers, including prostate, bladder, kidney and testicular cancers

We are passionate about collaboration because a team approach produces superior results. That's why we take a multi-disciplinary approach to all our urology services. Regardless of diagnosis, we coordinate care with you, the oncologist, the cardiologist, or other providers to ensure exceptional care for your patients.

Improving Results with Innovation

More than 50% of men experience benign prostatic hyperplasia (BPH) after the age of 60. For decades, surgeons have used transurethral resection of the prostate (TURP) to treat BPH. However, Aquablation is an innovative, minimally invasive technique that uses robotic technologies to treat BPH. Some of the benefits of using Aquablation include:

- Protection of male anatomy
- Conservation of sexual function
- Less resection and procedural time
- High safety ratings
- No need for ionizing radiation
- No thermal damage

Aquablation produces comparable results to TURP with less irreversible complications, like incontinence, erectile dysfunction and ejaculatory ineptitude. **Men often prefer Aquablation because of the improved net benefits.** Our facility is proud to deliver this sought-after surgery to your male patients.

Your Urology Team

As a conscientious provider, you need urology resources you can count on. Our premier urologists excel in diagnosing and treating urinary tract and male reproductive conditions. Our physicians focus on personalized interventions while working collaboratively to produce excellent results.

We are passionate about creating a patient-first environment. That's why we prioritize listening to understand. We want to understand the problem and how the condition affects your patient's life. **With a holistic mindset, our urologists treat not only the problem but the person.**



Nathan Littlejohn, MD

EMPLOYED PROVIDER

Urology

Hot Springs National Park, AR

Why Choose Us?

We prioritize patient-centered care. Your patients need a urology team **committed to listening, learning and leading them to a better life without so many genitourinary interruptions.** That's why we advance our techniques while focusing on person-first communication and care.

Your patients are tired of endless bathroom breaks and subpar sexual health. We are here to help preserve their dignity and way of life.

Providing Advanced Urology Services in Your Neighborhood

Many people feel embarrassed to talk about problems they experience in the bathroom and bed. That's why so many postpone treatment. With **empathy at our core, we aim to listen, understand and respond to concerns with dignity and discretion.**

From curing urinary conditions to restoring sexual health, our superior urology team strives to improve your patient's life by addressing annoying genitourinary conditions. Contact us to learn how we can bring excellent urology services to your patients. Click the "Refer" button to get started today.

Women's Health

Women's Health for All Stages

Pregnancy, hormonal changes and menopause – your patients experience many changes throughout womanhood. We're here to deliver personalized care for all these changes, ages and stages.

Convenient and Compassionate Care

With the demands of work, caregiving and family schedules, **your patients are busy**. They need healthcare services that are compassionate AND convenient.

Additionally, many women's health concerns can be personal and private. That's why we aim to treat each woman with individualized consideration and dignity while providing excellent care and support.

Women's Health Services

Whether 25 or 65, we understand that your patient's overall health is vital to them living their best life. We offer women's health services that facilitate **wellness throughout all the stages of womanhood**.

Breast health

By offering **mammograms, breast ultrasounds and biopsies**, we aim to detect abnormalities early and improve outcomes. We approach breast health with sensitivity, so every appointment and procedure is *as comfortable and convenient as possible for your patients*.

Gynecology

Whether your patient needs testing or treatment, we're here to help. Our gynecologic specialists provide compassionate care for a wide range of pelvic disorders. With modern technology and skilled staff, we strive to reduce the stress of women's health concerns.

Minimally invasive surgeries

Surgical techniques and technology have come a long way. With laparoscopic and robotic capabilities, we provide **women's health procedures that often result in less scarring and quicker recovery times.**

Prenatal care

Pregnancy is a life-altering experience. With knowledgeable and caring staff, we are here to support your OB/GYN patients as they prepare for birth and motherhood. Additionally, our OB/GYN specialists are equipped and ready to help with high-risk pregnancies.

Labor and delivery

Every mother has their own unique birth story. With experienced staff, comforting amenities and innovative resources, *we aim to make that story pleasantly memorable.* Our nurses and providers promote safe deliveries, healthy babies and supported moms.

Postpartum care

The days directly after labor can be exhausting and intimidating. We understand how vital those few days in the hospital can be for parental success. Patient education and support promote healthy moms and babies. You can rest assured that we are there to oversee safe recovery, teach infant care, and support mother-baby bonding.

Meet Your OB/GYN Specialists

Our OB/GYN specialists understand that women's health preferences are unique. Each woman **deserves care personalized to their individual needs.** That's what makes our women's health services so exceptional.

**John Baka, MD**

Obstetrics and Gynecology

Benton, AR

**Wendy Bennett, NP**

EMPLOYED PROVIDER

Gynecology

Benton, AR

**Ralynn Brann, MD**

EMPLOYED PROVIDER

Obstetrics and Gynecology

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**David Caldwell, MD**

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Obstetrics and Gynecology

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**Christina Green, MD**

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Obstetrics and Gynecology

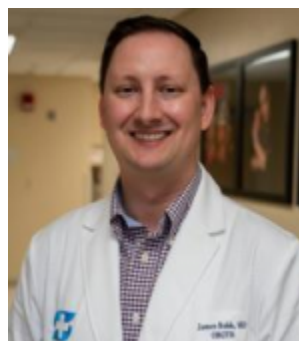
Benton, AR

**Margaret Hicks, NP**

EMPLOYED PROVIDER

Gynecology

Benton, AR

**James Robb, MD**

EMPLOYED PROVIDER

Obstetrics and Gynecology

Benton, AR

Promoting Exceptional Women's Health

Women's health and OB/GYN facilities treat various medical conditions. That's why we deliver a wide range of services to match your patient's needs. Our OB/GYN specialists are experienced and highly skilled. With a **welcoming environment, convenient services and comforting care**, we gladly serve the women in our community.

We would be honored to partner with you in providing excellent, convenient and comforting care for your female patients.