

Paris Regional Health

Service Line Guide

Generated November 25, 2026

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Refer a Patient

Our physician liaisons provide support and information to referring physicians and other health care providers.

Please call us to get connected.

Direct Admissions: 903.272.0510

EasyAdmit Transfer Center: 877.648.2760

Central Scheduling: 903.737.3900

Quick Reference Phone Numbers:

Department	Phone Numbers	Referral Forms
Administration	903.737.1587	
Case Management	903.737.1433	
Cardio Diagnostics	903.737.1254	
Cardiac Rehab	903.783.0815 **Fax:** 903.783.0833	Referral Form
Scheduling	903.737.3900 **(Press Option One)** **Fax:** 866.581.1395	
Emergency Department	903.737.1165	
Emergency Center	903.739.7329	
Financial Counseling	903.737.1665 **OR** 903.737.3760	
Hospitalist—Direct Admit Line	903.272.0510	
Inpatient Rehab	903.737.1320 **OR** 903.517.4811 **Fax:** 866.586.9781	
IT Help Desk	903.737.3788	
Laboratory	903.737.1293	

Medical Records	903.739.7420 **Fax:** 903.737.1282	
Outpatient Therapy Services	903.737.1108 **Fax:** 903.739.7149 **OR Scheduling:** 903.737.7273	
Radiology	903.737.1286	Referral Form
Registration	903.737.1381	
Sleep Lab	903.715.4159 **Fax:** 903.739.7136	
Wound Care	903.739.7620 **Fax:** 903.739.7625	

Growth & Outreach Liaisons

Keri Amis: 903.517.0104

Cardiology

Shaping Cardiology with Innovation and Excellence

Cardiac conditions complicate many of your patients' lives. Sometimes, patient education, lifestyle modifications and pharmaceutical interventions are just not enough. **When your patients need cardiac care, we're here to help.** We're shaping cardiology services in our community with innovation and excellence.

Cardiac Care in Your Community

We all know the heart is vital to overall health, but maintaining cardiac wellness can be challenging. Our fast-paced lives make eating healthy, exercising and reducing stress complicated. Yet, as a medical provider, you understand how important heart health is.

When heart problems require more than diet modifications, exercise plans and medication therapy, you can count on us for compassionate, innovative cardiac care. We use **image-guided robotics and other innovative technology** to assist our surgeons in performing precision cuts with minimal internal disruption.

Open heart surgery is one option for your patients who require cardiac surgical interventions. However, minimally invasive techniques have positive patient outcomes and are also available in your community.

Traditional and Robotic

Image-guided robotic technologies have paved the way for trained cardiac surgeons to perform procedures with smaller incisions and less internal disruption. Here are some reasons patients and providers are turning to minimally invasive techniques, like percutaneous coronary intervention (PCI):

- Reduced soft tissue injury
- Diminished postoperative pain scores
- Less need for narcotics
- Smaller scarring
- Improved patient satisfaction scores
- Accelerated recovery

With these technological advancements, procedures like PCIs are now available. However, these techniques are not always appropriate. Our trained surgeons **know how to determine the proper approach** to help your patients stay active.

Key services and procedures offered:

- Transesophageal Echocardiogram (TEE)
- Cardioversion
- Diagnostic cardiac catheterization/angiography
- Fractional flow reserve (FFR)
- Instantaneous wave-free ratio (IFR)
- Intravascular ultrasound
- Coronary artery balloon angioplasty
- Coronary artery stenting
- Coronary artery thrombectomy
- Coronary artery lithotripsy
- Impella 2.5 cardiac assist device
- Intra-aortic balloon pump insertion
- Pacemaker implantation
- Implantable cardioverter defibrillator (ICD) implantation
- Event recorder implantation
- Diagnostic carotid artery angiography
- Carotid artery angioplasty
- Carotid artery stenting
- Transcarotid Artery Revascularization (TCAR)
- Two Cath Labs available 24/7

Outpatient Cardio Diagnostics:

- Electrocardiograms (EKG)
- Echocardiograms
- Extended Holter monitoring for 3 –14 days
- Pulmonary function testing
- Arterial blood gas determination
- Electroencephalograph recordings (EEG)
- Stress testing
- Nuclear stress testing

- Transesophageal echocardiogram services

Clinical programs

- Outpatient Cardiac Rehabilitation
- Outpatient Cardio Diagnostics

Your Cardiology Team

Our highly skilled, accredited and compassionate heart surgeons have training in various surgical techniques. Not only are they experienced in traditional surgical methods, but they also have expertise in minimally invasive procedures.

Utilizing robotic technology, our surgeons are equipped to perform minimally invasive procedures, typically resulting in improved patient outcomes and decreased internal trauma. Our medical staff will **work closely with you and your patient to create the best treatment plan** because we want to help your patient get back to living life fully.

Your Provider Team



Manuel Cruz, MD

Cardiology

Paris, TX



Bashir Hanif, MD

Cardiology

Paris, TX



Arjumand Hashmi, MD

Internal Medicine, Cardiology

Paris, TX



Khalid Shafiq, MD

Cardiology

Paris, TX



Donald Wurzburg, MD

Cardiology

Paris, TX

Our Commitment to Excellence

Our facility and medical staff are dedicated to maintaining the highest standards of cardiac services. Specifically, we are committed to:

1. Maintaining current best practices.
2. Using appropriate surgical approaches.
3. Committing to the gold standard of post-procedural care.
4. Committing to improving patient outcomes.

Our cardiology team prioritizes the patient, so we're dedicated to interventions that are holistic and individualized. We know when minimally invasive methods are appropriate, but we are also aware of when traditional approaches are more advantageous.

Accredited Clinical Capabilities







Ready to Get Started?

We understand the challenges and complexity of cardiac therapy. We're here to support you and your patients. From STEMI care with PCI to cardiac rehab and everything in between, we've got you covered.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate cardiac care in their community.** Ready to get started? Click the "Refer" button.

Referral Forms

Cardiology Radiology

Locations

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Sanjeev Trehan, MD

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Paris Regional Health Outpatient Cardiac Rehab

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Paris, Texas 75460

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Paris Regional Health Outpatient Cardio Diagnostics

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Paris, Texas 75460

Phone: 903.737.3900 Option 1

Fax: 866.581.1395

Gastroenterology

Gastroenterology Services Your Patients Deserve

Digestive conditions are uncomfortable, both physically and emotionally. Gastrointestinal (GI) and liver inflammation can disrupt patients' routines, keeping them from work and play. Our facility is here to help your patients live days without so many restroom interruptions.

Normalizing The Conversation

According to the American Gastroenterological Association (AGA), **40% of Americans experience daily disruptions caused by digestive issues and bowel discomfort.** GI issues can be awkward for patients to talk about, even with their primary care provider.

This hesitancy to speak to a medical provider is often an underlying factor in delayed diagnosis and treatment, resulting in the progression of symptoms. Many people would rather talk about politics or even disclose their weight than discuss bowel problems. It's time we normalize the conversation. Our patient's overall health and wellness depend on it.

Digestive Conditions Overview

Treatment for digestive conditions is vital to prevent severe complications like malnutrition and colon cancer. We are here to help **improve digestion from the esophagus to the rectum.** Some common GI conditions may affect your patient's quality of life.

- **Inflammatory bowel disease (IBD)**
  Chronic inflammation of the GI tract causes inflammatory bowel disease. **Crohn's disease and ulcerative colitis are two types of IBD conditions. This bowel disease causes severe** GI symptoms, especially during flare-ups. IBD can affect all parts of the digestive tract.

- **Irritable bowel syndrome (IBS)**
  Irritable bowel syndrome is the most common type of digestive problem, causing abdominal pain, constipation and diarrhea. Though the cause is not entirely understood, triggers can intensify symptoms. This GI issue is **diagnosed by excluding other possible conditions.**

- **Chronic liver disease (CLD)**
  Liver disease affects a patient's ability to digest food, eliminate toxins, metabolize medications and alcohol, and produce proteins vital for blood clotting. Liver disruption often affects nutritional absorption. **Cirrhosis is a late-stage CLD** that causes irreversible scarring of the liver. Prompt diagnosis and treatment reduce complications and improve life.

- **Celiac disease**
  Celiac disease is an autoimmune disorder triggered by the consumption of gluten. **Mucosal inflammation** in the small intestine arouses an overzealous immune response, causing severe abdominal discomfort.

Endoscopic Procedures

Endoscopy is a group of simple, nonsurgical procedures that help our providers diagnose and treat digestive issues. These procedures are some of **our team's best diagnostic tools.**

Under sedation, our gastroenterology team uses a flexible catheter with a camera on the tip to visualize the GI tract. Our specialists can also take a tissue biopsy for closer evaluation during these procedures. Here are some of the endoscopic procedures we offer:

- Colonoscopy
- Sigmoidoscopy
- Upper endoscopy

Services Offered

- Esophagogastroduodenoscopy (EGD)
- Colonoscopy
- Peg tubes
- Anoscopy
- Flexible sigmoidoscopy
- Pill Cam
- 48-hour Bravo pH study

Meet your gastroenterology team

Our gastroenterology team specializes in preventing, diagnosing and treating liver and digestive disorders. Utilizing a compassionate approach, we encourage patients to speak up about GI problems.

With our progressive evaluation technology, our specialists **address diseases from the esophagus to the rectum and everything along the tract.** Our gastroenterologists are committed to your patients spending less time coping with uncomfortable gastrointestinal symptoms.

Your Provider Team



Yasser Jamal, MD

Gastroenterology

Paris, TX

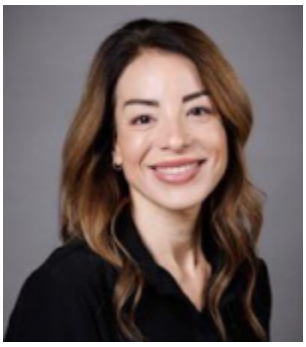


David Stewart, MD

EMPLOYED PROVIDER

Gastroenterology

Paris, TX



Rosalia Treto, FNP-BC

EMPLOYED PROVIDER

Internal Medicine, Gastroenterology

Paris, TX

Treating GI Issues with Compassion and Dignity

With so many suffering from digestive and liver problems, our facility aims to reduce the embarrassment of GI issues, normalize the conversation, elevate early diagnosis, and improve quality of life and patient outcomes.

We understand that you're busy. You need a medical facility passionate about patient care and safety. Yet, you also need easily accessible services for your patients. We are here to help!

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate GI care in their community.** Ready to get started? Click the “Refer” button.

Locations

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Imaging

Quality Imaging Services That Are Accessible

Modern medicine depends on radiology and imaging services for establishing informed treatment plans. As a medical provider, you need resources that support your practice. Our facility provides **accurate, dependable and convenient imaging resources** for you and your patients.

Reliable Radiology Services

Radiology testing uses radiant energy to take pictures and visualize many body parts. Our radiologists use these tests to determine a diagnosis and evaluate treatment. Here are some of the tools and tests we use to help establish care plans for your patients.

Mammography

Mammography is an X-ray used to detect and diagnose breast concerns. With **equipment dedicated to these breast exams,** we provide high-quality, low-dose radiation to evaluate breast problems, such as a lump, pain or nipple drainage.

Nuclear imaging

Nuclear imaging is **one of the least invasive and most detailed scans** for diagnosing and monitoring various treatments. This safe and effective testing utilizes a radioactive tracer for clear visualization. A medical professional typically administers the tracer intravenously.

Your patients may be concerned about the terminology “nuclear” or “radioactive,” but patients need to understand that this test is safe, effective and has no side effects. Additionally, the amount of radiation administered is minimal. Common conditions that can benefit from nuclear imaging are the following:

- Blood disorder
- Thyroid disease
- Heart disease
- Gallbladder disease

- Lung problems
- Bone issues
- Kidney disease
- Cancer

After the tracer collects in the tissue, a radiation detector produces digital signals, which are stored on a computer and can be generated to film. Our facility is committed to establishing a safe environment, and *our radiologists are available to answer any questions.*

CT scan

Computerized tomography, or CT scan, is a series of X-ray images that take pictures from different angles around the body. The cross-sectional images help our skilled radiologists visualize blood vessels, bones and other tissue. This **efficient and convenient test allows for quick examination,** especially when the patient is at risk of internal injury or trauma. CT scans help diagnose diseases and plan medical, surgical and radiation therapies.

MRI

Magnetic resonance imaging (MRI) uses magnets and radio waves, processed by computers, to generate images. This noninvasive test utilizes a large, tube-shaped magnet to create cross-sectional images of organs, tissue and the skeletal system. Our knowledgeable radiologists often use this **imaging tool for diseases that CT scans don't detect.**

Ultrasound

An ultrasound, or sonography, produces high-intensity sound waves to visualize structures within the body. This safe and effective test **does not use any radiation.**

We often think of ultrasound during prenatal care. Besides monitoring the uterus, ovaries, and embryos during pregnancy, this test can be used for many other reasons.

- Diagnose gallbladder disease
- Evaluate blood flow
- Guide needles for biopsy or treatment
- Visualize breast lump
- Examine thyroid gland
- Check genital or prostate problems

- Assess joint inflammation
- Determine bone disease

Our well-trained and personable sonographers understand how to manipulate this technology and can put your patients at ease.

X-ray

Our medical staff uses X-rays, or radiographs, for a wide range of injuries, diseases and disorders. Your patients can receive radiographs with or without contrast. Though this test uses a small amount of radiation, it is considered **safe for all ages, including babies.** However, pregnant women should avoid X-rays as they can harm the growing embryo.

Meet Your Team

Radiology testing has become commonplace for medical professionals. We depend on detailed imaging to make informed diagnoses and treatment plans. However, our team understands that tests can cause fear and anxiety for your patients. That’s why we’re committed to listening and providing compassionate care.

Our radiology specialists provide a wide range of imaging procedures. We aim to deliver **detailed imaging** to your practice while providing your patient with a **kind and caring experience.** Our radiologists and technologists are truly extraordinary.

Quality and Convenient Imaging Services

We’ve got you covered, from ultrasound to nuclear imaging and everything in between. We understand the importance of **accurate, accessible and attentive radiology services.** Your patients and practice depend on it.

Our facility and staff strive to provide reliable radiology resources for you and your patients. Our quality radiology and imaging resources are accessible in your community.

Infectious Disease

Infectious Disease

Infectious diseases (IDs) can silently and quickly spread within families and communities. But early identification and targeted treatment protect individual health. Patient education promotes public wellness and helps prevent the transmission of diseases.

We combine advanced diagnostics, evidence-based treatments and patient-centered education to maximize results. This cohesive strategy reduces transmission risks and minimizes complications.

Why refer to us?

Consulting an infectious disease specialist enhances clinical decision-making and improves patient outcomes. Our success depends on the following:

- Collaboration: ID specialists coordinate with referring physicians, dermatologists, urologists, gynecologists and gastroenterologists.
- Travel consultations: We help patients make safe travel plans. These recommendations help reduce the spread of disease.
- Treatment precision: Our team prioritizes precise selection and duration of antibiotics. This approach improves outcomes and reduces antibiotic resistance.
- Holistic care continuum: We support discharge planning, outpatient antibiotic therapy and follow-up care.
- Diagnostic clarity: We assist with complex or unclear infectious presentations.

As the referring physician, you have a deep understanding of your patient’s medical history. We offer knowledgeable infectious disease support. Together, we can manage high-risk patients with confidence.Referral considerations Infections can quickly become life-threatening. Those with surgical wounds or compromised immune systems are especially at risk. Consider referring patients with the following signs or symptoms:

- Persistent fever
- Positive blood culture
- Suspected endocarditis or osteomyelitis
- Complex surgical site or wound infection

- Infection in an immunocompromised patient
- Recurrent or antibiotic-resistant urinary tract infection
- Patients requiring long-term IV antibiotics
- Suspected tuberculosis

Prompt evaluation can help prevent deterioration and establish an effective treatment plan.

Common conditions we treat

Vague symptoms can lead to treatment delays, which can affect patient outcomes. When symptoms are non-specific, an early referral can help ensure timely intervention. We deliver expert care for patients with these known or suspected infections:

- Chickenpox
- Diphtheria
- E. coli
- HIV/AIDS
- Influenza
- Lyme disease
- Malaria
- Measles
- Meningitis
- Mumps
- Pneumonia
- Rubella
- Salmonella
- Sexually transmitted diseases
- Shingles
- Tetanus
- Tuberculosis
- Viral hepatitis
- Whooping cough (pertussis)

When partnering with us, your patients can expect high-quality care. As the referring physician, you can expect treatments that align with your goals.

Your Provider Team



Lav Singh, MD

EMPLOYED PROVIDER

Infectious Diseases

Paris, TX

Your partner in care

Our commitment to quality care continues even after your patient goes home. That’s why we coordinate with home infusion teams and outpatient providers. Our ongoing involvement helps prevent readmissions and supports recovery.

Does your patient present with suspected sepsis or a post-surgical infection? Do they need access to long-term IV antibiotics? Is your patient presenting with vague symptoms? We’re here to support your clinical practice. Click the “Refer” button to get started.

Neurosurgery

Needed Relief with Neurosurgery Services

Back and nerve pain are a daily burden for many of your patients. They want and need relief. Our facility provides a wide range of neurosurgical services, including minimally invasive spine surgeries.

Finding Relief

According to the World Health Organization (WHO), **619 million people worldwide suffer from low back pain.** Chronic nerve injury or back pain can limit your patient's activity level and quality of life. When mobility is limited, overall wellness also declines.

Our neurosurgeons diagnose, consult and surgically intervene to help provide reprieve from chronic pain. We are committed to reducing long-term pain levels while increasing mobility. We understand that your patients are ready to return to active lives without all the painful distractions.

Minimally Invasive Spine Surgeries

Our neurosurgeons use **minimally invasive spine techniques to repair vertebral bones and other parts of the spine.** Compared to traditional surgeries, this less invasive approach uses a smaller incision and equipment to access the targeted site, typically resulting in less harm to nearby muscles, tendons and other soft tissue.

Patients and providers are excited about the benefits of using image-guided robotics for minimally invasive spine surgeries.

- Less pain
- Reduced need for narcotics
- Faster recovery time
- Less scarring
- Diminished risk of infection
- Reduced blood loss

With robotic technology and small tools, surgeons make a tunnel to the targeted location by gently moving muscles and tendons. Specialized microscopes and real-time imaging assist our neurosurgeons by enhancing and extending their capabilities.

Open Spine Surgeries

Not all spine conditions should be treated with the minimally invasive approach. When this technique is not an option, our neurosurgeons may recommend other treatment alternatives, including open surgery with manual manipulation.

With open spine surgeries, a larger incision down the back exposes and allows access to the area. Our staff understands that everyone is unique. Interventions need to be **personalized and patient-centered for the optimal patient experience.** Regardless, our goal for every patient is to deliver the best and safest treatment choice.

Why Choose Us?

Our multidisciplinary team is committed to what counts.

- We deliver individualized diagnostics.
- We provide personalized treatment plans for maximum effectiveness.
- Our team includes board-certified faculty and advanced registered nurse practitioners.
- We listen and prioritize the needs of our patients
- We offer superior neurosurgical services with precision and compassion

Choosing us means choosing a facility that cares as much for your patients as you do.

Services Offered

- Kyphoplasty
- Spinal Stenosis
- Disc Herniation

Meet Your Neurosurgeons

Our spine experts are skilled in neurosurgeries, minimally invasive techniques and image-guided robotics. On initial evaluation, they explore noninvasive therapies before recommending any invasive intervention.

After collaborating with our multidisciplinary team, we will establish a plan to **promote spinal wellness using cutting-edge technology, techniques and interventions.** Regardless of the spine issue, our team is passionate about helping your patients find relief and return to an active lifestyle.

Neurosurgery: Promoting Active Living

Our bodies were made for motion. When pain is present, mobility and activity levels become limited. With our **multidisciplinary approach, innovative technology and knowledgeable staff,** we commit to *helping your patients return to their routine*.

With various surgical options, our spine experts are committed to implementing the right interventions for your patient. With image-guided robotic technology, our facility offers minimally invasive spine surgeries in your community.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate care in their community.** Ready to get started? Click the “Refer” button.

Locations

J. Keith Preston, MD

2850 Lewis Lane, Suite 113

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Fax: (833) 464.4175

Orthopedics

Enhancing Lives with Accessible Orthopedic Services

Joint pain can keep your patient from living their best life. But who can you trust for accessible orthopedic services? Our facility offers a variety of orthopedic services to promote prevention, detection, treatment and rehabilitation in an environment of compassion.

Neck and Back Pain

Back and neck pain **affects more than 80% of adults** at some point in their life. With a column of 33 vertebrae, the spine, which extends from the skull to the pelvis, is often the culprit of debilitating pain.

When evaluating therapy options for the spine, your patient may feel some anxiety. Thankfully, many spine conditions do not require surgical interventions. Our orthopedic specialists are committed to providing pain management and treatment interventions tailored to meet your patient’s unique needs. We aim to empower individuals with the tools and resources that promote an active lifestyle.

Joint Pain

Knee injuries and hip pain are common reasons people visit an orthopedic surgeon. Before establishing a plan of care, our orthopedic experts will perform a thorough assessment and any necessary diagnostic tests. After diagnosis, our specialists will discuss treatment options.

Committed to safety and long-term mobility, our providers choose non-surgical therapies whenever possible. Yet, we are certified to perform surgical interventions when necessary.

We offer surgical options for several joint repairs or replacements if non-invasive interventions prove ineffective. Our orthopedic surgeons may recommend surgical treatment if the following conditions apply:

- Joint pain that continues despite compliance with non-surgical therapies
- Loss of significant range of motion
- Joint discomfort during times of rest

- Decreased ability to perform daily or athletic activities

Regardless of treatment modality, we deliver thorough education so patients are informed and on board with the recommended treatment plan.

Hand and Wrist Pain

Hobbies, like gardening or sports, enhance our lives. The effects of a hand or wrist injury can be far-reaching, preventing your patients from doing their favorite activities and limiting athletic performances. Since these common injuries can lead to forearm and elbow pain, our orthopedic specialists are ready and available to treat your patient's hand or wrist injury.

As with all our orthopedic services, we begin with a complete evaluation of the injury and testing that ensures proper diagnosis. Whether or not surgical intervention is necessary, your patients will receive **treatments precisely designed to help them get back to what they love.**

Orthopedic Services Available Near You

Our skilled orthopedics and spine team remains focused on your patient's needs, conditions, and injuries. We are committed to developing a course of treatment to **lessen pain, correct or reduce symptoms, and speed recovery.** Our hospital offers various orthopedic services, so your patients receive the right treatment at the right time in their community.

Interventional orthopedic services

- Hand and upper extremity services
- Spine and neck services
- Joint replacement surgery
- Partial hip and knee replacement
- Total hip and knee replacement
- Sports medicine
- Pediatric orthopedics
- Fracture care

Supportive orthopedic services

- Pain management

- Diagnostic testing
- Imaging resources
- Rehabilitation

Meet Your Orthopedic Team

We work with exceptional orthopedic specialists and an experienced spine team to bring you and your patients a wide range of **interdisciplinary orthopedic services.** That's why your patients can access highly qualified orthopedic specialists and surgeons right in their community.

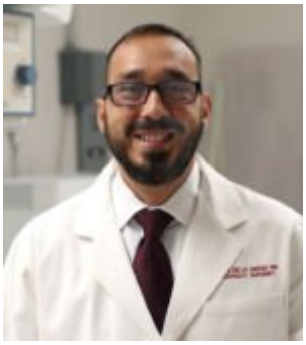
Your Provider Team



Richy Charls, MD

Orthopedic Surgery

Paris, TX



David DelaGarza, MD

Orthopedic Surgery

Paris, TX



Michael Elliott, DO

Orthopedic Surgery

Paris, TX



Mark Gibbs, MD

Orthopedic Surgery

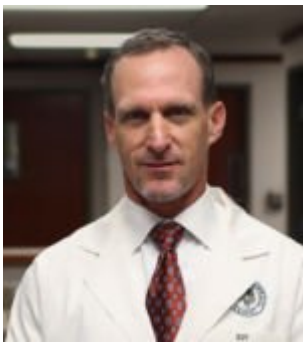
Paris, TX



Gregory Green, MD

Orthopedic Surgery

Paris, TX



Samuel Temple, MD

Orthopedic Sports Medicine

Paris, TX

Providing Quality Orthopedic Care

We are passionate and dedicated to providing quality orthopedic services just down the street. As the referring physician, **you hold the key that unlocks the door to better procedural outcomes.** Our staff understands that you want excellent orthopedic care for your patients. We take our partnerships seriously and are privileged to collaborate with you to provide safe, quality orthopedic care. Referring your patient is easy. Click the “Refer” link to get started.

Healthgrades

Nationally recognized care, locally provided.

We’re tremendously proud of our outstanding care teams for delivering consistently better-than-expected outcomes for patients.





Locations

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Mark Gibbs, MD

Gregory Green, MD

S. Drew Temple, MD

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Pulmonology

Pulmonology and Respiratory Critical Care

Difficulty breathing can feel scary. A chronic cough can be irritating. Unexplained fatigue can be personally and professionally limiting. That’s why your patients need access to advanced diagnostic and therapeutic pulmonology services.

Our team specializes in pulmonology and critical care medicine. Their expertise enables them to provide knowledgeable consultation, outpatient management and inpatient care. You can count on us for advanced respiratory care close to home.

Why refer to us?

We make pulmonary care accessible for patients and streamlined for referring providers. Here’s how we support you in delivering exceptional pulmonology care:

- **Advanced procedures:** We provide the right procedure at the right time. We perform bronchoscopies, thoracentesis, pleuracentesis and line placements.
- **Accessible care:** We reduce the travel burden while ensuring exceptional care.
- **Broad scope:** From outpatient evaluation to ICU management, we offer care continuity.
- **Proactive prevention:** We provide screenings to help identify and address issues early.
- **Timely communication:** We prioritize efficient transitions and collaborative planning.

Our team is here to extend your care. We offer clinical excellence and a trusted partnership you can depend on.

Referral considerations

Respiratory conditions that may require advanced pulmonary services include:

- Shortness of breath
- Chronic cough
- Hemoptysis
- Abnormal imaging findings

- Recurrent pneumonia
- Chest pain
- Suspected or confirmed chronic obstructive pulmonary disease (COPD), asthma, interstitial lung disease (ILD) or pulmonary hypertension
- Sleep-disordered breathing

If your patient is experiencing these unresolved respiratory symptoms, we're here to help.

LDCT lung cancer screening

Lung cancer is the primary cause of cancer-related deaths in the United States.* But **low-dose computed tomography (LDCT) scans can detect lung cancer early.** Providers should refer these patients for an LDCT scan:

- History of smoking 20 packs or more per year ***and***
- Currently smoke or have quit smoking within the past 15 years ***and***
- Age 50 – 80

LDCT scans have proven to lower patients' risk of dying from lung cancer. Timely LDCT screening can be the difference between early treatment and late-stage diagnosis.

Outpatient services

The outpatient setting is ideal for managing many respiratory conditions. Our team excels in the following outpatient services:

- Pulmonary function testing
- LDCT cancer screening
- Chronic disease management
- Lung cancer evaluation and coordination
- Sleep study referrals

Our team **works closely with referring providers** to deliver personalized treatment plans. We monitor progress and escalate care when necessary.

Inpatient pulmonary critical care

The pulmonologists collaborate with the ICU team to manage complex conditions. Some common inpatient conditions we treat include:

- Acute respiratory failure
- COPD
- Emphysema
- ILD
- Lung cancer
- Lung infections
- Pneumonia
- Pneumothorax
- Pulmonary hypertension
- Tuberculosis (TB)

When partnering with us, everyone benefits. You and your patients can expect **expert critical care delivered with precision and timeliness.**

Advanced procedures when you need them

If your patient’s condition intensifies, our team is ready to offer:

- Ventilator support
- Central and arterial line placement
- Chest tube placement
- Thoracentesis
- Bronchoscopy

With the **expertise and technology to support critical cases,** we help patients get the care they need.

Your Provider Team



Ghana Khadka, DO

EMPLOYED PROVIDER

Critical Care Medicine, Pulmonology

Paris, TX

Exceptional diagnostic and therapeutic respiratory care

Let us be **your partner in care.** We provide advanced pulmonary services conveniently located close to home. Our team offers timely evaluations, evidence-based treatments and care continuity. Click the “Refer” button to ensure your patients receive exceptional pulmonology services.

Resources

“Key Statistics for Lung Cancer.” American Cancer Society, 2025, Lung Cancer Statistics | How Common is Lung Cancer? | American Cancer Society.

Surgery

Boldly Transforming Surgical Care

No one excitedly anticipates surgery day. Yet, sometimes, surgical interventions are the best option. We understand the risks and reservations often associated with surgical procedures, which is why our teams work closely with patients, families, and their primary care doctors to ensure that we answer every question and address every concern through their care journey.

Robotic Surgical Services

Many medical conditions require minor surgeries, which are available as outpatient procedures. Other surgeries require a hospital stay. Regardless of surgery type, we're here to help.

Our surgeons can access the da Vinci Surgical System to perform many of these procedures. This robotic surgical innovation supports our medical staff with detailed imaging and precise dexterity, making entry to targeted sites easier.

Benefits of Robotic Surgical Systems

Our facility uses robotic surgical systems to perform minimally invasive techniques. Image-guided robotic technology allows surgeons to conduct complex, delicate procedures with unmatched precision and reduced internal injury. Patients and providers rave about the benefits of this robotic innovation.

- **Smaller incisions** lead to less scarring and infection.
- **Reduced internal damage** leads to less pain and blood loss.
- **Faster mobilization** leads to shorter recovery times.

With our surgeon's hands at the helm, we often observe the advantages of image-guided robotics. However, as with all medical procedures, results vary.

Key services and procedures including:

- Laparoscopic and Robotic Cholecystectomy

- Laparoscopic and Robotic Appendectomy
- Laparoscopic and Robotic Hernia Repair
- Anorectal surgery
- Breast Surgery
- Port A Cath Placement
- Colonoscopy
- Endoscopy

Vascular Surgery

Paris Regional Health provides care that addresses the many health issues of patients with vascular disease. Paris Regional Health's multidisciplinary team provides care that addresses the complexity of vascular disease and offers an array of services ranging from medical and surgical management of vascular disease, vein and wound care to peripheral vascular intervention.

Key services and procedures offered:

- Carotid Endarterectomy
- Dialysis Access
- Femoral Bypass
- Peripheral artery angioplasty
- Peripheral artery stenting
- Peripheral artery atherectomy (orbital, rotational, laser, and directional)
- Peripheral artery thrombectomy
- Endovascular Aneurysm Repair (EVAR)
- IVC filter placement
- Fistulogram
- Coil Embolization

Achieving Better Outcomes

Our team of seasoned surgeons and dedicated healthcare professionals bring more than just expertise to the operating room. We bring compassion, understanding, and a commitment to each patient's unique needs. When surgery is necessary, we aim to **support patient recovery with exceptional education, reliable resources and proven protocols.**

We utilize the Enhanced Recovery After Surgery (ERAS) protocol, a multimodal approach to post-surgical pain management. This evidence-based guideline helps decrease postprocedural pain, promote mobilization and reduce narcotic use.

Meet Your Surgical Team

Committing to patient-centric interventions, our surgeons aim for successful and safe procedures. We are **committed to excellence, innovation, and, most importantly, superior patient care.**

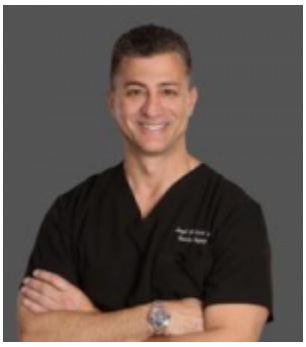
Your Provider Team



Justin Brown, FNP
EMPLOYED PROVIDER
General Surgery
Clarksville, TX

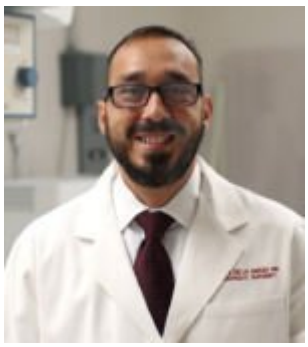


Mark Campbell, MD
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Paris, TX



Joseph Caruso, MD
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Richy Charls, MD
Orthopedic Surgery
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David DelaGarza, MD
Orthopedic Surgery
Paris, TX



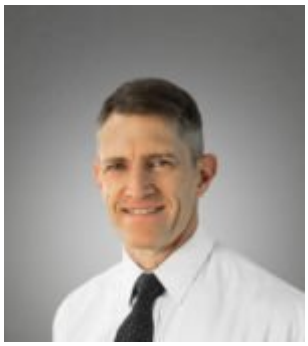
Jahanzeb Effendi, MD
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Michael Elliott, DO
Orthopedic Surgery
Paris, TX



Rick Erickson, MD
Otolaryngology
Paris, TX



Mark Gibbons, MD

Otolaryngology

Paris, TX



Mark Gibbs, MD

Orthopedic Surgery

Paris, TX



Gregory Green, MD

Orthopedic Surgery

Paris, TX

Valeria Simone, MD

EMPLOYED PROVIDER

General Surgery

Paris, TX

Progressive Technology and Positive Results

No surgery is routine — at least not to your patient. We understand that. Our full range of surgical options delivers the proper treatment for each patient.

With our eyes on excellence, we strive to demonstrate this drive with **proven expertise and positive patient outcomes.** However, our tools and training are only possible with your collaboration.

Contact us today to learn how we can *work together to transform surgical care*. Referring your patient to our surgical services is easy.

Locations

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Urology

Urology Services with Excellence and Dignity

Patients often feel uncomfortable talking about incontinence or erectile dysfunction. Consequently, they avoid much-needed treatment because of embarrassment. Your patients need urology services with dignity. We commit to delivering excellent urology services with compassion, discretion and sensitivity.

Exceptional Urology Services

When you partner with us, you get **exceptional urology services and a multi-disciplinary team.** Our urologists specialize in diagnosing and treating urinary tract conditions and male reproductive problems. Some urology conditions our team treats include:

- Urinary incontinence
- Overactive bladder
- Urinary tract infections (UTIs)
- Kidney stones
- Benign prostate hyperplasia (BPH)
- Erectile dysfunction
- Hematuria
- Urologic cancers, including prostate, bladder, kidney and testicular cancers

We are passionate about collaboration because a team approach produces superior results. That’s why we take a multi-disciplinary approach to all our urology services. Regardless of diagnosis, we coordinate care with you, the oncologist, the cardiologist, or other providers to ensure exceptional care for your patients.

Improving Results with Innovation

More than 50% of men experience benign prostatic hyperplasia (BPH) after the age of 60. For decades, surgeons have used transurethral resection of the prostate (TURP) to treat BPH. However, Aquablation is an innovative, minimally invasive technique that uses robotic technologies to treat BPH. Some of the benefits of using Aquablation include:

- Protection of male anatomy
- Conservation of sexual function
- Less resection and procedural time
- High safety ratings
- No need for ionizing radiation
- No thermal damage

Aquablation produces comparable results to TURP with less irreversible complications, like incontinence, erectile dysfunction and ejaculatory ineptitude. **Men often prefer Aquablation because of the improved net benefits.** Our facility is proud to deliver this sought-after surgery to your male patients.

Your Urology Team

As a conscientious provider, you need urology resources you can count on. Our premier urologists excel in diagnosing and treating urinary tract and male reproductive conditions. Our physicians focus on personalized interventions while working collaboratively to produce excellent results.

We are passionate about creating a patient-first environment. That’s why we prioritize listening to understand. We want to understand the problem and how the condition affects your patient’s life. **With a holistic mindset, our urologists treat not only the problem but the person.**

Your Provider Team



Arthur Tijerina, MD

Urology

Paris, TX

Why Choose Us?

We prioritize patient-centered care. Your patients need a urology team **committed to listening, learning and leading them to a better life without so many genitourinary interruptions.** That's why we advance our techniques while focusing on person-first communication and care.

Your patients are tired of endless bathroom breaks and subpar sexual health. We are here to help preserve their dignity and way of life.

Providing Advanced Urology Services in Your Neighborhood

Many people feel embarrassed to talk about problems they experience in the bathroom and bed. That's why so many postpone treatment. With **empathy at our core, we aim to listen, understand and respond to concerns with dignity and discretion.**

From curing urinary conditions to restoring sexual health, our superior urology team strives to improve your patient's life by addressing annoying genitourinary conditions. Contact us to learn how we can bring excellent urology services to your patients. Click the "Refer" button to get started today.

Women's Health

Women’s Health for All Stages

Pregnancy, hormonal changes and menopause – your patients experience many changes throughout womanhood. We’re here to deliver personalized care for all these changes, ages and stages.

Convenient and Compassionate Care

With the demands of work, caregiving and family schedules, **your patients are busy.** They need healthcare services that are compassionate AND convenient.

Additionally, many women’s health concerns can be personal and private. That’s why we aim to treat each woman with individualized consideration and dignity while providing excellent care and support.

Women’s Health Services

Whether 25 or 65, we understand that your patient’s overall health is vital to them living their best life. We offer women’s health services that facilitate **wellness throughout all the stages of womanhood.**

Breast health

By offering **mammograms, breast ultrasounds and biopsies,** we aim to detect abnormalities early and improve outcomes. We approach breast health with sensitivity, so every appointment and procedure is *as comfortable and convenient as possible for your patients.*

Gynecology

Whether your patient needs testing or treatment, we’re here to help. Our gynecologic specialists provide compassionate care for a wide range of pelvic disorders. With modern technology and skilled staff, we strive to reduce the stress of women’s health concerns.

Minimally invasive surgeries

Surgical techniques and technology have come a long way. With laparoscopic and robotic capabilities, we provide **women's health procedures that often result in less scarring and quicker recovery times.**

Prenatal care

Pregnancy is a life-altering experience. With knowledgeable and caring staff, we are here to support your OB/GYN patients as they prepare for birth and motherhood. Additionally, our OB/GYN specialists are equipped and ready to help with high-risk pregnancies.

Labor and delivery

Every mother has their own unique birth story. With experienced staff, comforting amenities and innovative resources, *we aim to make that story pleasantly memorable.* Our nurses and providers promote safe deliveries, healthy babies and supported moms.

Postpartum care

The days directly after labor can be exhausting and intimidating. We understand how vital those few days in the hospital can be for parental success. Patient education and support promote healthy moms and babies. You can rest assured that we are there to oversee safe recovery, teach infant care, and support mother-baby bonding.

Robotics in Women's Health

Sometimes, surgical intervention is the best course of action for your patient. Using image-guided robotic technology, **women often benefit from minimally invasive surgery.** Using tiny tools and detailed imaging, surgeons can perform many procedures that often produce the following benefits:

- Reduced scarring
- Reduced soft tissue damage
- Reduced pain and need for narcotics
- Reduced blood loss
- Reduce hospitalization time

We offer minimally invasive options for many women's health procedures. Our robotic technology helps surgeons enhance their capabilities by improving visualization and dexterity.

Meet Your OB/GYN Specialists

Our OB/GYN specialists understand that women's health preferences are unique. Each woman **deserves care personalized to their individual needs.** That's what makes our women's health services so exceptional.

Your Provider Team



Mary Miesch, MD

Obstetrics and Gynecology



Tracy Pipkin, MD

Obstetrics and Gynecology

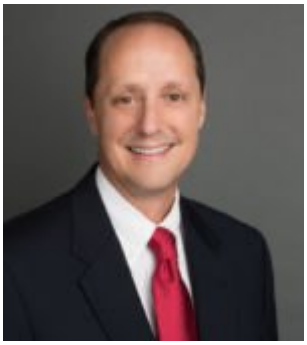
Paris, TX



Mark Vaughn, MD

Obstetrics and Gynecology

Paris, TX



Clifton Wilkerson, MD

Obstetrics and Gynecology

Paris, TX

Promoting Exceptional Women's Health

Women's health and OB/GYN facilities treat various medical conditions. That's why we deliver a wide range of services to match your patient's needs. Our OB/GYN specialists are experienced and highly skilled. With a **welcoming environment, convenient services and comforting care,** we gladly serve the women in our community.

We would be honored to partner with you in providing excellent, convenient and comforting care for your female patients.