



National Park Medical Center

Service Line Guide

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1. [Refer a Patient](#)
2. [Behavioral Health](#)
3. [Cardiology](#)
4. [Imaging](#)
5. [Oncology](#)
6. [Orthopedics](#)
7. [Surgery](#)
8. [Urology](#)
9. [Women's Health](#)

Refer a Patient

Our physician liaisons provide support and information to referring physicians and other health care providers.

Please call us to get connected.

Direct Admissions: [501-620-1496](tel:501-620-1496)

EasyAdmit Transfer Center: [844-967-1478](tel:844-967-1478)

Central Scheduling: [501-620-2489](tel:501-620-2489)

Quick Reference Phone Numbers:

Department	Phone Numbers	Referral Forms
Bone & Joint	501.620.2773	
Cardiac Rehab	501.620.1185	
Cardiac/Neuro	501.321.5168	
Cath & EP Lab	501.321.5168	
Case Management	501.620.2591	
Diagnostic Imaging	501.620.2375	
Emergency Department	501.620.2400	
G.I. Lab	501.620.2344	
House Supervisor	501.620.1441	
Imaging	501.321.1000	Referral Form
Intensive Care	501.620.2300	
Laboratory	501.620.2450	
Maternal/Child Unit	501.620.1260	
Med/Surg	501.620.2262	
Med II	501.620.2151	

Outpatient Surgery	501.620.2550	
Orthopedics	501.620.0555	Referral Form
Pharmacy	501.620.1310	
Radiology	501.620.2375	
Respiratory Therapy	501.620.1457	
Senior Care	501.620.1238	
Surgery	501.620.2326	
Therapy Services	501.620.1460	

Growth & Outreach Liaisons

Lindsay Brown: [479.576.3861](#)

Behavioral Health

Behavioral Health Services: Meeting Patients Where They Are

No one wants to need mental or behavioral health services. Yet, mental health is foundational to individual, family and community wellness. We're here to walk alongside your patients, meeting them where they are and supporting them for success. That's why we offer acute intervention, outpatient support, virtual appointments and community referrals.

Judgement-Free Behavioral Health Services

As a caring provider, you need access to empathetic behavioral health services. We diagnose, treat, encourage and promote holistic wellness for your patients. Here are some of the conditions we treat:

- Community mental health concerns
- Acute, inpatient mental health conditions
- Suicide risk

We understand that life is challenging. That's why we commit to **providing judgement-free behavioral health services for your patients.**

Your Behavioral Health Team

Your behavioral health team meets patients where they are in their mental health journey. We function collectively so individuals receive the optimal opportunity to overcome psychological conditions.

1. Our **psychiatrists** are medical doctors specializing in mental and behavioral health issues. They can write prescriptions when necessary.
2. Our **psychologists** are counselors providing practical therapy. They aim to equip patients with the tools to become mentally healthy and strong.
3. Our **social workers** access resources to promote success outside the hospital.

With compassion and collaboration, we are here to provide behavioral health services your team and patients can count on.

Why Choose Us?

Empathy is at the core of all we do. Our staff walk alongside patients, guiding, supporting and facilitating growth and healing. We deliver behavioral health services with confidentiality, convenience and compassion while helping navigate financial coverage.

Compassion

Our behavioral health specialists listen to understand. They practice **empathetic therapy and judgement-free conversations**. Many of your patients may not have a strong support system. They need care and support every step of the way. So, we offer compassionate behavioral health services that help patients achieve a brighter future.

Confidentiality

Trust is foundational for the success of behavioral health services. Patients want to know that medical staff will uphold their right to privacy and dignity. We commit to confidentiality. We only disclose information when legally required in the following situations:

- Possible child or elder abuse
- Reasonable suspicion that the individual may harm themselves or someone else
- Court order

Our facility strives to **promote mental health by building trust**.

Delivering Empathetic Behavioral Health Services

We understand that behavioral health services often come with a stigma. We want to change that. Mental health is foundational to the resilience of our patients, friends, families and communities. That's why we aim to deliver empathetic behavioral health services that support your patient's wellness. To get started, click the "Refer" button.

The National Park Senior Care Unit is 16 bed unit specialized for patients ages 60 and over who have an emotional illness or behavioral symptoms. These can include symptoms of dementia, Alzheimer's, depression, anxiety, psychosis, bipolar, schizophrenia and more.

As a direct admit facility, no Emergency Department is needed for admission to our unit. If a loved one is experiencing signs or symptoms of an emotional illness, please call 501-620-1238 to set up a consultation/referral.

Cardiology

Shaping Cardiology with Innovation and Excellence

Cardiac conditions complicate many of your patients' lives. Sometimes, patient education, lifestyle modifications and pharmaceutical interventions are just not enough. **When your patients need cardiac care, we're here to help.** We're shaping cardiology services in our community with innovation and excellence.

Cardiac Care in Your Community

We all know the heart is vital to overall health, but maintaining cardiac wellness can be challenging. Our fast-paced lives make eating healthy, exercising and reducing stress complicated. Yet, as a medical provider, you understand how important heart health is.

When heart problems require more than diet modifications, exercise plans and medication therapy, you can count on us for compassionate, innovative cardiac care. We use **image-guided robotics and other innovative technology** to assist our surgeons in performing precision cuts with minimal internal disruption.

Open heart surgery is one option for your patients who require cardiac surgical interventions. However, minimally invasive techniques have positive patient outcomes and are also available in your community.

We specialize in:

- Interventional Cardiology & Catheterization
- Cardiac Electrophysiology & Ablations
- Heart Failure Clinic
- Lipid Clinic
- Stress Testing
- Coronary & Peripheral Atherectomy & Stenting
- Peripheral Vascular & Renal Disease
- ICD & Pacemaker Placement
- Preventative Heart care

Traditional and Robotic

Image-guided robotic technologies have paved the way for trained cardiac surgeons to perform procedures with smaller incisions and less internal disruption. Here are some reasons patients and providers are turning to minimally invasive techniques, like percutaneous coronary intervention (PCI):

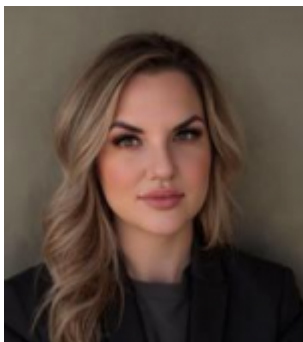
- Reduced soft tissue injury
- Diminished postoperative pain scores
- Less need for narcotics
- Smaller scarring
- Improved patient satisfaction scores
- Accelerated recovery

With these technological advancements, procedures like PCIs and TAVRs are now available. However, these techniques are not always appropriate. Our trained surgeons **know how to determine the proper approach** to help your patients stay active.

Your Cardiology Team

Our highly skilled, accredited and compassionate heart surgeons have training in various surgical techniques. Not only are they experienced in traditional surgical methods, but they also have expertise in minimally invasive procedures.

Utilizing robotic technology, our surgeons are equipped to perform minimally invasive procedures, typically resulting in improved patient outcomes and decreased internal trauma. Our medical staff will **work closely with you and your patient to create the best treatment plan** because we want to help your patient get back to living life fully.



Jennifer Barnes, DNP
EMPLOYED PROVIDER

Cardiology

Hot Springs National Park, AR



**David Dobies, M.D.,
FACC**

EMPLOYED PROVIDER

Interventional Cardiology

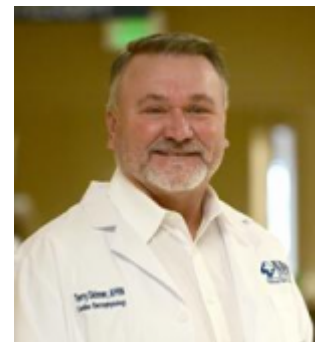
Hot Springs National Park, AR



Daniel McCoy, MD
EMPLOYED PROVIDER

Cardiothoracic Surgery

Hot Springs National Park, AR



**Terry Skinner, Jr.,
APRN**

EMPLOYED PROVIDER

Electrophysiology

Hot Springs National Park, AR



Gregory St. John, MD
EMPLOYED PROVIDER

Interventional Cardiology

Hot Springs National Park, AR



Timothy Talbert, MD
EMPLOYED PROVIDER

Electrophysiology

Hot Springs National Park, AR



Tanya Williams, FNP
EMPLOYED PROVIDER

Cardiology

Hot Springs National Park, AR

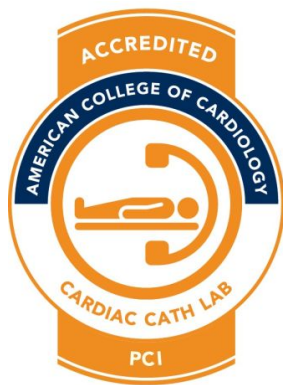
Our Commitment to Excellence

Our facility and medical staff are dedicated to maintaining the highest standards of cardiac services. Specifically, we are committed to:

1. Maintaining current best practices.
2. Using appropriate surgical approaches.
3. Committing to the gold standard of post-procedural care.
4. Committing to improving patient outcomes.

Our cardiology team prioritizes the patient, so we're dedicated to interventions that are holistic and individualized. We know when minimally invasive methods are appropriate, but we are also aware of when traditional approaches are more advantageous.

Accredited Clinical Capabilities



Ready to Get Started?

We understand the challenges and complexity of cardiac therapy. We're here to support you and your patients. From STEMI care with PCI to cardiac rehab and everything in between, we've got you covered.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate cardiac care in their community.** Ready to get started? Click the "Refer" button.

Imaging

Quality Imaging Services That Are Accessible

Modern medicine depends on radiology and imaging services for establishing informed treatment plans. As a medical provider, you need resources that support your practice. Our facility provides **accurate, dependable and convenient imaging resources** for you and your patients.

Reliable Radiology Services

Radiology testing uses radiant energy to take pictures and visualize many body parts. Our radiologists use these tests to determine a diagnosis and evaluate treatment. Here are some of the tools and tests we use to help establish care plans for your patients.

Mammography

Mammography is an X-ray used to detect and diagnose breast concerns. With **equipment dedicated to these breast exams**, we provide high-quality, low-dose radiation to evaluate breast problems, such as a lump, pain or nipple drainage.

Nuclear imaging

Nuclear imaging is **one of the least invasive and most detailed scans** for diagnosing and monitoring various treatments. This safe and effective testing utilizes a radioactive tracer for clear visualization. A medical professional typically administers the tracer intravenously.

Your patients may be concerned about the terminology “nuclear” or “radioactive,” but patients need to understand that this test is safe, effective and has no side effects. Additionally, the amount of radiation administered is minimal. Common conditions that can benefit from nuclear imaging are the following:

- Blood disorder
- Thyroid disease
- Heart disease
- Gallbladder disease

- Lung problems
- Bone issues
- Kidney disease
- Cancer

After the tracer collects in the tissue, a radiation detector produces digital signals, which are stored on a computer and can be generated to film. Our facility is committed to establishing a safe environment, and *our radiologists are available to answer any questions.*

CT scan

Computerized tomography, or CT scan, is a series of X-ray images that take pictures from different angles around the body. The cross-sectional images help our skilled radiologists visualize blood vessels, bones and other tissue. This **efficient and convenient test allows for quick examination**, especially when the patient is at risk of internal injury or trauma. CT scans help diagnose diseases and plan medical, surgical and radiation therapies.

MRI

Magnetic resonance imaging (MRI) uses magnets and radio waves, processed by computers, to generate images. This noninvasive test utilizes a large, tube-shaped magnet to create cross-sectional images of organs, tissue and the skeletal system. Our knowledgeable radiologists often use this **imaging tool for diseases that CT scans don't detect.**

Ultrasound

An ultrasound, or sonography, produces high-intensity sound waves to visualize structures within the body. This safe and effective test **does not use any radiation.**

We often think of ultrasound during prenatal care. Besides monitoring the uterus, ovaries, and embryos during pregnancy, this test can be used for many other reasons.

- Diagnose gallbladder disease
- Evaluate blood flow
- Guide needles for biopsy or treatment
- Visualize breast lump
- Examine thyroid gland
- Check genital or prostate problems

- Assess joint inflammation
- Determine bone disease

Our well-trained and personable sonographers understand how to manipulate this technology and can put your patients at ease.

X-ray

Our medical staff uses X-rays, or radiographs, for a wide range of injuries, diseases and disorders. Your patients can receive radiographs with or without contrast. Though this test uses a small amount of radiation, it is considered **safe for all ages, including babies**. However, pregnant women should avoid X-rays as they can harm the growing embryo.

Meet Your Team

Radiology testing has become commonplace for medical professionals. We depend on detailed imaging to make informed diagnoses and treatment plans. However, our team understands that tests can cause fear and anxiety for your patients. That's why we're committed to listening and providing compassionate care.

Our radiology specialists provide a wide range of imaging procedures. We aim to deliver **detailed imaging** to your practice while providing your patient with a **kind and caring experience**. Our radiologists and technologists are truly extraordinary.



John Burda, MD

Interventional Radiology,
Diagnostic Radiology
Hot Springs, AR



Michael Long, MD

Interventional Radiology,
Diagnostic Radiology
Hot Springs, AR



James McCarley, MD

Interventional Radiology,
Diagnostic Radiology
Hot Springs, AR

Referral Forms

[Imaging](#)

Quality and Convenient Imaging Services

We've got you covered, from ultrasound to nuclear imaging and everything in between. We understand the importance of **accurate, accessible and attentive radiology services**. Your patients and practice depend on it.

Our facility and staff strive to provide reliable radiology resources for you and your patients. Our quality radiology and imaging resources are accessible in your community.

Oncology

Compassionate Care for Cancer Patients

Few words are more difficult to say than “You have cancer.” We understand the extensive impact these words have on your patient’s life. **Cancer changes everything.** That’s why we commit to delivering preventive testing and a high standard of oncology services.

Cancer Care That’s Close to Home

Home — patients going through cancer treatments often long for home. They yearn to sleep in their own beds and enjoy the comfort of friends, family and pets. Spending weeks or months away from home adds stress to an already stressful situation. That’s why our facility strives to **provide a variety of oncology services that are close to home.**

Outstanding Oncology Services

Family physicians, PAs and NPs are at the frontlines in the fight against cancer. Often, these vital medical professionals are the first to observe abnormalities and recommend testing. They **ensure patients receive the right care at the right time.** So, our facility offers a variety of testing and treatment options for your oncology patients.

Diagnostic services

- Mammography
- MRI
- CT scan
- Radiology

Oncology treatment

- Surgery
- Chemotherapy
- Radiation
- Radiofrequency ablation

Our staff are here to support you so that you can support your patients. Our screening guidelines, diagnostic scans and oncology services enable **early detection and treatment, promoting better outcomes.**

Healthy Person Program

Not only do we deliver testing and treatment options, but we also offer ongoing support for you and your patients.

Our facility has partnered with the Eon Centralized Management team to deliver the Healthy Person Program.

Utilizing AI technology and a multidisciplinary approach, the team **tracks incidental findings.** This resource helps us *promote early detection, diagnosis and intervention.* Our Healthy Person Program reports abnormal results that could lead to cancer in the following areas:

- Lung
- Pancreas
- Thyroid
- Breast

After reviewing scans and images, the team notifies the patient and PCP about incidental findings while keeping everyone updated on changes. Using this program, we provide recommendations and support while allowing you, the provider, to determine the care plan.

Meet Your Oncology Team

Because cancer is traumatic, our oncology team provides compassionate, individualized care. With **warmth, dignity and a profoundly relational approach,** our staff provides the care your patients deserve.

Our cancer specialists are trained in treating various cancers with exceptional therapies and up-to-date protocols. We aim to compassionately support patients in their fight against cancer.

**Lingyi Chen, MD**

Hematology Oncology

Hot Springs, AR

**Amy Cleveland, MD**

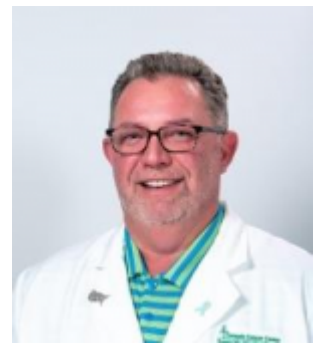
Hematology Oncology

Hot Springs, AR

**Stephen Divers, MD**

Hematology Oncology

Hot Springs, AR

**Robert Muldoon, MD**

Medical Oncology

Hot Springs, AR

**Roy Webb, MD**

Hematology Oncology

Hot Springs, AR

Uniting to Provide Compassionate Care for Cancer Patients

From testing to treatment, our staff helps manage cancer care. We holistically support oncology patients with **preventive services, diverse therapies, on-site social services and financial counselors**. Building on your established patient relationship and our outstanding oncology services, we can unite to provide excellent cancer care in our community.

Cancer is stressful. With compassion at our core, we are here to help reduce stress and improve outcomes. Striving to cater to your patients' concerns, our staff seeks to be an invaluable resource for you and your patients.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and**

compassionate oncology care in their community. Ready to get started? Click the “Refer” button.

Orthopedics

Enhancing Lives with Accessible Orthopedic Services

Joint pain can keep your patient from living their best life. But who can you trust for accessible orthopedic services? Our facility offers a variety of orthopedic services to promote prevention, detection, treatment and rehabilitation in an environment of compassion.

Neck and Back Pain

Back and neck pain **affects more than 80% of adults** at some point in their life. With a column of 33 vertebrae, the spine, which extends from the skull to the pelvis, is often the culprit of debilitating pain.

When evaluating therapy options for the spine, your patient may feel some anxiety. Thankfully, many spine conditions do not require surgical interventions. Our orthopedic specialists are committed to providing pain management and treatment interventions tailored to meet your patient's unique needs. We aim to empower individuals with the tools and resources that promote an active lifestyle.

Joint Pain

Knee injuries and hip pain are common reasons people visit an orthopedic surgeon. Before establishing a plan of care, our orthopedic experts will perform a thorough assessment and any necessary diagnostic tests. After diagnosis, our specialists will discuss treatment options.

Committed to safety and long-term mobility, our providers choose non-surgical therapies whenever possible. Yet, we are certified to perform surgical interventions when necessary.

We offer surgical options for several joint repairs or replacements if non-invasive interventions prove ineffective. Our orthopedic surgeons may recommend surgical treatment if the following conditions apply:

- Joint pain that continues despite compliance with non-surgical therapies
- Loss of significant range of motion
- Joint discomfort during times of rest

- Decreased ability to perform daily or athletic activities

Regardless of treatment modality, we deliver thorough education so patients are informed and on board with the recommended treatment plan.

Hand and Wrist Pain

Hobbies, like gardening or sports, enhance our lives. The effects of a hand or wrist injury can be far-reaching, preventing your patients from doing their favorite activities and limiting athletic performances. Since these common injuries can lead to forearm and elbow pain, our orthopedic specialists are ready and available to treat your patient's hand or wrist injury.

As with all our orthopedic services, we begin with a complete evaluation of the injury and testing that ensures proper diagnosis. Whether or not surgical intervention is necessary, your patients will receive **treatments precisely designed to help them get back to what they love.**

Orthopedic Services Available Near You

Our skilled orthopedics and spine team remain focused on your patient's needs, conditions, and injuries. We are committed to developing a course of treatment to **lessen pain, correct or reduce symptoms, and speed recovery.**

Our hospital offers various orthopedic services, so your patients receive the right treatment at the right time in their community.

Interventional orthopedic services

- Hand and upper extremity services
- Spine and neck services
- Joint replacement surgery
- Partial hip and knee replacement
- Total hip and knee replacement
- Sports medicine

Supportive orthopedic services

- Pain management
- Diagnostic testing
- Imaging resources

- Rehabilitation

Meet Your Orthopedic Team

We work with exceptional orthopedic specialists and an experienced spine team to bring you and your patients a wide range of **interdisciplinary orthopedic services**. That's why your patients can access highly qualified orthopedic specialists and surgeons right in their community.



**Heather Abernathy,
APRN, FNP**

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



Brandon Byrd, MD

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



Randall Hudson, NP

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



**Jennifer Jones, APRN,
FNP**

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



Brent Lawrence, MD

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



**Clemens Soeller, Sr.,
MD**

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR

Referral Forms

[Orthopedics](#)

Providing Quality Orthopedic Care

We are passionate and dedicated to providing quality orthopedic services just down the street. As the referring physician, **you hold the key that unlocks the door to better procedural outcomes.** Our staff understands that you want excellent orthopedic care for your patients. We take our partnerships seriously and are privileged to collaborate with you to provide safe, quality orthopedic care. Referring your patient is easy. Click the “Refer” link to get started.

Surgery

Boldly Transforming Surgical Care

No one excitedly anticipates surgery day. Yet, sometimes, surgical interventions are the best option. We understand the risks and reservations often associated with surgical procedures, which is why our teams work closely with patients, families, and their primary care doctors to ensure that we answer every question and address every concern through their care journey.

Why Choose General Surgery?

The decision to undergo any surgery, let alone general surgery, is a big one. General surgery as a specialty encompasses a wide variety of procedures, many of which occur in the abdomen. Our surgical team coordinates the care and management of each patient every step of the way through screening, surveillance, surgical intervention, rehabilitation, and follow-up care.

Key conditions general surgeons treat include:

- Traumatic injuries
- Physical abnormalities
- Breast cancer
- Conditions involving the upper GI tract (esophagus, stomach and small intestine).
- Conditions involving the biliary tract (gallbladder, bile ducts, pancreas and liver).
- Endocrine conditions (involving the thyroid or adrenal glands).
- Vascular conditions
- Critical illness and terminal illness

Our physicians specialize in the following:

- Advanced Lap Procedures
- Fistula and Port Placement
- Esophageal Surgery
- Endocrine Surgery
- Whipple Procedure
- Liver Surgery

- Pancreatectomy and Splenectomy
- Single Incision Lap Surgery (SILS)
- Peripheral Vascular Disease

Benefits of General Surgery

- **Tailored Treatment Approach:** Our surgeons make every decision in real time, adapting to your specific anatomy and situation.
- **Unmatched Dexterity:** Years of honing their craft give our surgeons unparalleled flexibility and control over instruments.
- **Personalized Care:** We build relationships with our patients, ensuring you feel informed and supported throughout your journey.
- **Proven Results:** We boast a track record of success with a wide range of procedures, using minimally invasive techniques whenever possible.

With our surgeon's hands at the helm, our patients can rest assured knowing they will always receive the highest quality care. However, as with all medical procedures, results vary.

Achieving Better Outcomes

Our team of seasoned surgeons and dedicated healthcare professionals bring more than just expertise to the operating room. We bring compassion, understanding, and a commitment to each patient's unique needs. When surgery is necessary, we aim to **support patient recovery with exceptional education, reliable resources and proven protocols.**

We utilize the Enhanced Recovery After Surgery (ERAS) protocol, a multimodal approach to post-surgical pain management. This evidence-based guideline helps decrease postprocedural pain, promote mobilization and reduce narcotic use.

Meet Your Surgical Team

Committing to patient-centric interventions, our surgeons aim for successful and safe procedures. We are **committed to excellence, innovation, and, most importantly, superior patient care.**



**Heather Abernathy,
APRN, FNP**

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



Brandon Byrd, MD

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



Randall Hudson, NP

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Orthopedic Surgery

Hot Springs National Park, AR



**Jennifer Jones, APRN,
FNP**

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Orthopedic Surgery

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David Kiessling, DPM

Podiatry, Foot and Ankle

Surgery

Hot Springs, AR



Christian Latham, MD

EMPLOYED PROVIDER

General Surgery

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Brent Lawrence, MD

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Orthopedic Surgery

Hot Springs National Park, AR



Daniel McCoy, MD

EMPLOYED PROVIDER

Cardiothoracic Surgery

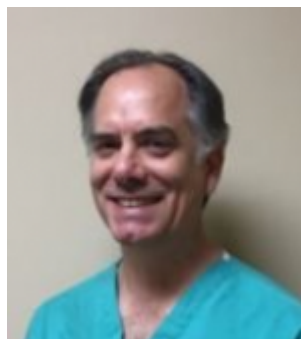
Hot Springs National Park, AR



Eric Monte, MD

Otolaryngology

Hot Springs, AR



John Pace, MD

Neurosurgery

Hot Springs, AR

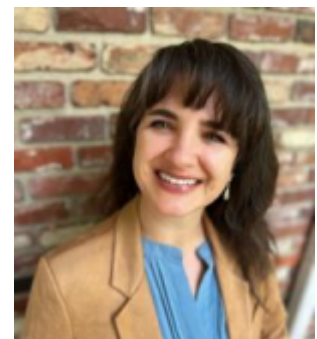


**Valentino Piacentino,
III, MD**

EMPLOYED PROVIDER

General Surgery

Hot Springs National Park, AR



Mandy Rice, DO

General Surgery

Hot Springs National Park, AR



**Brittney Shanek,
APRN, FNP**

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General Surgery

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**Clemens Soeller, Sr.,
MD**

EMPLOYED PROVIDER

Orthopedic Surgery

Hot Springs National Park, AR



**Oscar Talledo
Zevallos, MD**

EMPLOYED PROVIDER

General Surgery

Hot Springs National Park, AR

Progressive Technology and Positive Results

No surgery is routine — at least not to your patient. We understand that. Our full range of surgical options delivers the proper treatment for each patient.

With our eyes on excellence, we strive to demonstrate this drive with **proven expertise and positive patient outcomes**. However, our tools and training are only possible with your collaboration.

Contact us today to learn how we can *work together to transform surgical care*. Referring your patient to our surgical services is easy.

Urology

Aquablation Therapy for BPH Now Available

National Park Medical Center is pleased to begin offering Aquablation® therapy. This new, minimally invasive procedure for men suffering from Benign Prostatic Hyperplasia (BPH) provides lasting relief.

Exceptional Urology Services

When you partner with us, you get exceptional urology services and a multi-disciplinary team. Our urologists specialize in diagnosing and treating urinary tract conditions and male reproductive problems. Some urology conditions our team specializes in includes:

- Erectile Dysfunction
- Prostate Problems
- Urinary Stones
- Urinary Incontinence
- Overactive Bladder
- Cancers of Bladder, Kidney, & Prostate
- Male Infertility
- Reoccurring Urinary Tract Infections
- Vasectomy

We are passionate about collaboration because a team approach produces superior results. That's why we take a multi-disciplinary approach to all our urology services. Regardless of diagnosis, we coordinate care with you, the oncologist, the cardiologist, or other providers to ensure exceptional care for your patients.

What is Aquablation?

Aquablation is a minimally invasive surgical technology for benign prostate enlargement, which uses a heat-free high-pressure water jet to remove obstructing prostate tissue. A recent 5 year randomized controlled trial comparing Aquablation with TURP (long considered the gold standard), found equivalent improvement in flow rate and symptom score with a lower complication rate and a strong safety profile. Its high-speed resection time and potential for

preservation of sexual function are major strengths. The procedure can be used to treat prostates of almost any size. In clinical studies, men who had Aquablation therapy had significant symptom relief and very low rate of irreversible complications – incontinence, ejaculatory and erectile dysfunction.

What are the advantages of Aquablation?

- Reduced resection time
- Reduced overall procedure time
- Strong safety profile
- Preservation of key anatomical structures
- Preservation of sexual function
- No ionizing radiation
- Avoids thermal damage
- Histology specimens available

Who qualifies for Aquablation?

Inclusion criteria:

- Moderate to severe lower urinary tract symptoms refractory to pharmacotherapy
- Age > 50 years
- International Prostate Symptom Score > 12
- Maximal flow rate Qmax $\geq$ 12 ml/s

Exclusion criteria:

- Active infection
- Neurogenic bladder/sphincter abnormalities
- Some prior prostate surgeries
- High anesthetic risk

Success of Aquablation

Aquablation therapy is the only procedure that removes prostate tissue with a robotically controlled heat-free waterjet technology, which minimizes human error in removing prostate tissue and ensures that prostate tissue is removed precisely, consistently and predictably.

- 10/10 men preserved erections

- 9/10 men preserve ejaculation
- 10/10 men preserve continence
- 2x improvement in the flow of urine
- 16-point IPSS improvement (BPH symptom score)

**Seth Hollenbach, MD**

EMPLOYED PROVIDER

Urology

**Nathan Littlejohn, MD**

EMPLOYED PROVIDER

Urology

Hot Springs National Park, AR

**Renee Warford, MD**

EMPLOYED PROVIDER

Urology

Hot Springs National Park, AR

Why choose us?

Delivering excellent neurology services with empathy, innovation and persistence is what we do. Your patients know their bodies the best. They know when things are off. That's why all our visits begin with active listening.

Additionally, we are committed to collaboration. As the physician on the front lines, you need neurology services that value your insights. Consultation with in-house specialists is also vital. This **teamwork ensures your patients receive timely results and answers.**

Partnering to reach optimal neurological health

Neurological symptoms can evoke strong emotions in patients. PCPs provide invaluable resources as patients explore concerns and ask many questions. Community Medical Center is here to help answer those questions and investigate the root causes of neurological problems.

We are here to expedite diagnosis and improve outcomes. Why? Because we understand that each person has unique needs and personal concerns. We aim to help every patient achieve optimal neurological health.

Ready to partner with a team dedicated to excellence and empathy? Click the “Refer” button to get started.

Women's Health

Women's Health for All Stages

Pregnancy, hormonal changes and menopause – your patients experience many changes throughout womanhood. We're here to deliver personalized care for all these changes, ages and stages.

Convenient and Compassionate Care

With the demands of work, caregiving and family schedules, **your patients are busy**. They need healthcare services that are compassionate AND convenient.

Additionally, many women's health concerns can be personal and private. That's why we aim to treat each woman with individualized consideration and dignity while providing excellent care and support.

We specialize in:

- General Obstetrics & Gynecology
- Gestational Diabetes
- Endometriosis
- Robot Assisted Endometriosis Excision Surgery
- Gynecological Surgeries
- Birth Control
- Infertility Diagnostics & Treatment
- High Risk Obstetrics
- Hormone Pellet Therapy
- Gender-Affirming Hormone Therapy (GAHT)

Women's Health Services

Whether 25 or 65, we understand that your patient's overall health is vital to them living their best life. We offer women's health services that facilitate **wellness throughout all the stages of womanhood**.

Breast health

By offering **mammograms, breast ultrasounds and biopsies**, we aim to detect abnormalities early and improve outcomes. We approach breast health with sensitivity, so every appointment and procedure is *as comfortable and convenient as possible for your patients*.

Gynecology

Whether your patient needs testing or treatment, we're here to help. Our gynecologic specialists provide compassionate care for a wide range of pelvic disorders. With modern technology and skilled staff, we strive to reduce the stress of women's health concerns.

Minimally invasive surgeries

Surgical techniques and technology have come a long way. With laparoscopic and robotic capabilities, we provide **women's health procedures that often result in less scarring and quicker recovery times**.

Prenatal care

Pregnancy is a life-altering experience. With knowledgeable and caring staff, we are here to support your OB/GYN patients as they prepare for birth and motherhood. Additionally, our OB/GYN specialists are equipped and ready to help with high-risk pregnancies.

Labor and delivery

Every mother has their own unique birth story. With experienced staff, comforting amenities and innovative resources, *we aim to make that story pleasantly memorable*. Our nurses and providers promote safe deliveries, healthy babies and supported moms.

Postpartum care

The days directly after labor can be exhausting and intimidating. We understand how vital those few days in the hospital can be for parental success. Patient education and support promote healthy moms and babies. You can rest assured that we are there to oversee safe recovery, teach infant care, and support mother-baby bonding.

Robotics in Women's Health

Sometimes, surgical intervention is the best course of action for your patient. Using image-guided robotic technology, **women often benefit from minimally invasive surgery**. Using tiny tools and detailed imaging, surgeons can perform many procedures that often produce the following benefits:

- Reduced scarring
- Reduced soft tissue damage
- Reduced pain and need for narcotics
- Reduced blood loss
- Reduce hospitalization time

We offer minimally invasive options for many women's health procedures. Our robotic technology helps surgeons enhance their capabilities by improving visualization and dexterity.

Meet Your OB/GYN Specialists

Our OB/GYN specialists understand that women's health preferences are unique. Each woman **deserves care personalized to their individual needs**. That's what makes our women's health services so exceptional.

Promoting Exceptional Women's Health

Women's health and OB/GYN facilities treat various medical conditions. That's why we deliver a wide range of services to match your patient's needs. Our OB/GYN specialists are experienced and highly skilled. With a **welcoming environment, convenient services and comforting care**, we gladly serve the women in our community.

We would be honored to partner with you in providing excellent, convenient and comforting care for your female patients.