



Highpoint Health

Service Line Guide

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Refer a Patient

Our physician liaisons provide support and information to referring physicians and other health care providers.

Please call us to get connected.

Direct Admissions: Use EasyAdmit Transfer Center phone number(s)

EasyAdmit Transfer Center: [615.328.2255](tel:615.328.2255)/[844.967.1485](tel:844.967.1485)

Central Scheduling for Sumner: [615.328.6500](tel:615.328.6500)

Central Scheduling for Riverview: [615.735.5300](tel:615.735.5300)

Imaging for Trousdale: [615.328.6716](tel:615.328.6716)

Respiratory for Trousdale: [615.328.6712](tel:615.328.6712)

Quick Reference Phone Numbers:

Department	Phone Numbers	Referral Forms
Interventional Pain & Pain Management	615.328.5089	
Orthopedics	615.328.3740	
Neurosurgery	615.328.3740	
Gastroenterology	615.328.3720	
General Surgery	615.328.3730	
Pulmonology & Sleep Medicine	615.328.4720	
Women's Health	615.328.3390	

Behavioral Health

Behavioral Health Services: Meeting Patients Where They Are

No one wants to need mental or behavioral health services. Yet, mental health is foundational to individual, family and community wellness. We're here to walk alongside your patients, meeting them where they are and supporting them for success. That's why we offer acute intervention, outpatient support, virtual appointments and community referrals.

Judgement-Free Behavioral Health Services

As a caring provider, you need access to empathetic behavioral health services. We diagnose, treat, encourage and promote holistic wellness for your patients. Here are some of the conditions we treat:

- Community mental health concerns
- Acute, inpatient mental health conditions
- Suicide risk

We understand that life is challenging. That's why we commit to **providing judgement-free behavioral health services for your patients.**

Your Behavioral Health Team

Your behavioral health team meets patients where they are in their mental health journey. We function collectively so individuals receive the optimal opportunity to overcome psychological conditions.

1. Our **psychiatrists** are medical doctors specializing in mental and behavioral health issues. They can write prescriptions when necessary.
2. Our **psychologists** are counselors providing practical therapy. They aim to equip patients with the tools to become mentally healthy and strong.
3. Our **social workers** access resources to promote success outside the hospital.

With compassion and collaboration, we are here to provide behavioral health services your team and patients can count on.

Why Choose Us?

Empathy is at the core of all we do. Our staff walk alongside patients, guiding, supporting and facilitating growth and healing. We deliver behavioral health services with confidentiality, convenience and compassion while helping navigate financial coverage.

Compassion

Our behavioral health specialists listen to understand. They practice **empathetic therapy and judgement-free conversations**. Many of your patients may not have a strong support system. They need care and support every step of the way. So, we offer compassionate behavioral health services that help patients achieve a brighter future.

Confidentiality

Trust is foundational for the success of behavioral health services. Patients want to know that medical staff will uphold their right to privacy and dignity. We commit to confidentiality. We only disclose information when legally required in the following situations:

- Possible child or elder abuse
- Reasonable suspicion that the individual may harm themselves or someone else
- Court order

Our facility strives to **promote mental health by building trust**.

Delivering Empathetic Behavioral Health Services

We understand that behavioral health services often come with a stigma. We want to change that. Mental health is foundational to the resilience of our patients, friends, families and communities. That's why we aim to deliver empathetic behavioral health services that support your patient's wellness. To get started, click the "Refer" button.

Cardiology

Shaping Cardiology Services with Accessibility and Compassion

Cardiac conditions complicate many of your patients' lives. Sometimes, patient education, lifestyle modifications and pharmaceutical interventions are just not enough. **When your patients need cardiac care, we're here to help.** We're shaping cardiology services in your community with compassion, accessibility and excellence.

Cardiac Care in Your Community

We all know the heart is vital to overall health, but maintaining cardiac wellness can be challenging. Our fast-paced lives make eating healthy, exercising and reducing stress complicated. Yet, as a medical provider, you understand how integral heart health is.

When heart problems **require more than diet modifications, exercise plans and medication therapy, you can count on us** for compassionate cardiac care. We provide a variety of interventional treatments and procedures.

Cardiac Catheterization and Vascular Lab

Our **cardiac catheterization lab offers stents and interventional peripheral procedures** to treat cardiac infarctions. Non-ST Elevated Myocardial Infarctions (Non-STEMI) often cause some degree of vascular blockage, reducing oxygen supply to the brain and body. Our cardiac cath lab specialists are here to help reduce adverse outcomes and improve the lives of the people in your community.

We also offer a **broad range of non-invasive vascular procedures and tests** to help you make informed decisions and personalized care plans. Some cardiac care procedures available in your community include:

- Echocardiograms
- Angiograms
- Cardioversions
- Peripheral arterial and carotid testing
- Stress testing

- Thoracic echocardiography (TTE) imaging

Maintaining heart health requires ongoing attention and purpose-driven therapies. Supporting you and your patients is what we do. So, we are proud to provide inpatient and outpatient cardiac care and rehabilitation right around the corner.

Our Commitment to Excellence

Our facility and medical staff are dedicated to maintaining high standards of cardiac services. Specifically, we are committed to:

1. Maintaining current best practices.
2. Using appropriate surgical approaches.
3. Committing to the gold standard of post-procedural care.
4. Committing to improving patient outcomes.

Our cardiology team prioritizes patient-centered therapy and is dedicated to holistic, personalized interventions. Our facility and staff's **devotion to excellent, compassionate patient care is the foundation of our success.**

Your Cardiology Team

Our highly skilled, understanding cardiologists have training in a variety of cardiac care services that promote prevention, detection, treatment and recovery. We are dedicated to providing imaging, tests, and procedures that help you become maximally effective.

We understand how necessary collaboration and cath lab resources are for medical providers who are on the frontlines of patient care. Our medical staff will **work closely with you and your patient to create the best treatment plan** because we want to help you succeed and your patient get back to living life fully.

Your Provider Team



Mircea Basaraba, MD

Cardiology

Winchester, TN



Reginald Dickerson, MD

Interventional Cardiology

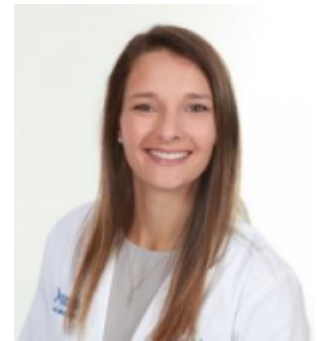
Gallatin, TN



Jessica Goad, MD

Interventional Cardiology

Gallatin, TN

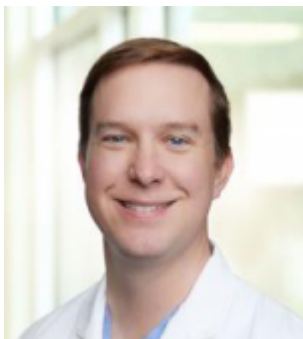


Heather Hyden, NP-C

EMPLOYED PROVIDER

Cardiology

Winchester, TN



Daniel Kaiser, MD

Electrophysiology

Gallatin, TN



Jimmy Kerrigan, MD

Interventional Cardiology

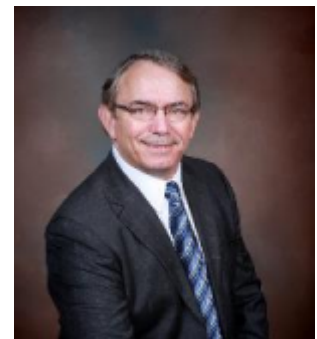
Gallatin, TN



Andrea Martin-Willie, PA-C

Cardiology

Gallatin, TN

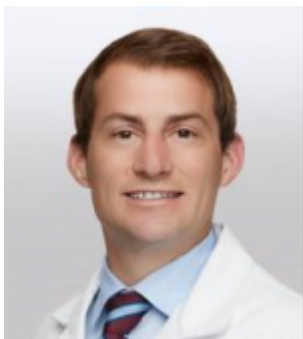


Roderick Meese, MD

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Interventional Cardiology

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Shane Metzler, MD

Cardiology

Gallatin, TN



Michael Phillips, DO

Cardiology

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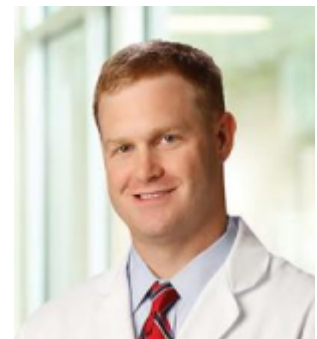


Bennett Rudorfer, MD

EMPLOYED PROVIDER

Interventional Cardiology

Winchester, TN



Warren Stribling, MD

Cardiology

Gallatin, TN



Amber Sudberry,
APRN

EMPLOYED PROVIDER

Cardiology

Winchester, TN



Nadia Sutton, MD

Interventional Cardiology

Gallatin, TN



Gary Yawn, Jr, MD

Interventional Cardiology

Gallatin, TN

Ready to Get Started?

We understand the challenges and complexity of cardiac therapy. We're here to support you and your patients. From non-STEMI care to cardiac rehab and everything in between, we've got you covered.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate cardiac care in their community.** Ready to get started? Click the "Refer" button.

Gastroenterology

Digestive Health Specialists: Providing Exceptional Gastroenterology Services

Digestive problems can be uncomfortable and embarrassing. No one wants to spend their days running back and forth to the bathroom. But all too often, digestive problems cause daily disruptions and discomfort.

We understand that your patients need compassionate, expert care for digestive issues. That's why our digestive health specialists work collaboratively with referring physicians. Together, we can offer gastroenterology services tailored to your patient's unique needs.

Digestive conditions we treat

With our gastroenterology services, we strive to help your patients **feel better and regain control over their health**.

We treat a wide range of gastrointestinal (GI) conditions, including:

- Acid reflux
- Constipation and diarrhea
- Hemorrhoids
- Ulcers
- Gastroesophageal reflux disease (GERD)
- Irritable bowel syndrome (IBS)
- Diverticulitis
- Crohn's disease
- Ulcerative colitis
- Celiac disease
- Liver and pancreatic disorders
- Gallbladder issues
- Colon polyps
- Colon cancer

Your patients should not have to endure the daily disruptions and discomfort of GI problems. As empathetic digestive health specialists, we're here to help.

Services and screening

When partnering with us, your patients can access a wide range of services and screenings. Our gastroenterology services include:

- Nutritional counseling for digestive health
- Advanced diagnostic imaging
- Colonoscopy and endoscopy procedures
- Management of chronic digestive diseases
- Treatment for swallowing disorders
- Screening for colorectal cancer

We **promote preventive screenings, early intervention and proactive treatment** to improve patient outcomes. You can rely on us to take good care of your patients.

Why choose us for gastroenterology services?

Our team of **digestive health specialists prioritizes clinical excellence and seamless collaboration**. Here's why so many physicians choose us for gastroenterology services:

- **Specialized expertise:** Our board-certified gastroenterologists and hepatologists provide cutting-edge diagnostic and treatment options.
- **Innovative technology:** We utilize advanced tools and evidence-based practices to promote patient outcomes.
- **Collaborative care:** We provide timely updates to referring physicians.
- **Multidisciplinary approach:** Our in-house specialists work cohesively, ensuring exceptional GI treatment and services.
- **Personalized treatment:** We treat your patients with respect, empathy and individualized care.

You can depend on us to deliver compassionate care and excellent gastroenterology services.

Your digestive health specialists

We are passionate about delivering the highest quality of care. Our team provides advanced diagnostics, personalized treatment and compassionate support. The gastroenterology team includes the following **board-certified specialists**:

1. Gastroenterologist
2. Hepatologist
3. Nutritionist
4. Psychologist

We work together to make your patient's life better. With access to various specialists, your patients receive individualized care from GI experts.

Digestive health with superior gastroenterology services

Our goal is to complement your exceptional care. Together, we can help patients spend less time in the bathroom and more time doing what they love. By providing compassionate gastroenterology services, we can improve the lives of patients.

Referring patients for GI services shouldn't be complex. That's why we commit to a smooth and efficient referral process. Whether delivering routine screenings or advanced treatment, we are your partner in care. For exceptional digestive care, click the "Refer" button.

Your Provider Team



Rafid Hussein, DO

EMPLOYED PROVIDER

Gastroenterology

Gallatin, TN



Caleb Teague, PA-C

EMPLOYED PROVIDER

Gastroenterology

Gallatin, TN



Mark Uhl, MD

EMPLOYED PROVIDER

Gastroenterology



Sarah Wojtowicz,

APNP

EMPLOYED PROVIDER

Gastroenterology

Gallatin, TN

Locations

Highpoint Gastroenterology & Liver Disease

300 Steam Plant Road, Suite 450

Gallatin, TN 37066

Imaging

Quality Imaging Services That Are Accessible

Modern medicine depends on radiology and imaging services for establishing informed treatment plans. As a medical provider, you need resources that support your practice. Our facility provides **accurate, dependable and convenient imaging resources** for you and your patients.

Reliable Radiology Services

Radiology testing uses radiant energy to take pictures and visualize many body parts. Our radiologists use these tests to determine a diagnosis and evaluate treatment. Here are some of the tools and tests we use to help establish care plans for your patients.

Mammography

Mammography is an X-ray used to detect and diagnose breast concerns. With **equipment dedicated to these breast exams**, we provide high-quality, low-dose radiation to evaluate breast problems, such as a lump, pain or nipple drainage.

Nuclear imaging

Nuclear imaging is **one of the least invasive and most detailed scans** for diagnosing and monitoring various treatments. This safe and effective testing utilizes a radioactive tracer for clear visualization. A medical professional typically administers the tracer intravenously.

Your patients may be concerned about the terminology “nuclear” or “radioactive,” but patients need to understand that this test is safe, effective and has no side effects. Additionally, the amount of radiation administered is minimal. Common conditions that can benefit from nuclear imaging are the following:

- Blood disorder
- Thyroid disease
- Heart disease

- Gallbladder disease
- Lung problems
- Bone issues
- Kidney disease
- Cancer

After the tracer collects in the tissue, a radiation detector produces digital signals, which are stored on a computer and can be generated to film. Our facility is committed to establishing a safe environment, and *our radiologists are available to answer any questions.*

CT scan

Computerized tomography, or CT scan, is a series of X-ray images that take pictures from different angles around the body. The cross-sectional images help our skilled radiologists visualize blood vessels, bones and other tissue. This **efficient and convenient test allows for quick examination**, especially when the patient is at risk of internal injury or trauma. CT scans help diagnose diseases and plan medical, surgical and radiation therapies.

MRI

Magnetic resonance imaging (MRI) uses magnets and radio waves, processed by computers, to generate images. This noninvasive test utilizes a large, tube-shaped magnet to create cross-sectional images of organs, tissue and the skeletal system. Our knowledgeable radiologists often use this **imaging tool for diseases that CT scans don't detect.**

Ultrasound

An ultrasound, or sonography, produces high-intensity sound waves to visualize structures within the body. This safe and effective test **does not use any radiation.**

We often think of ultrasound during prenatal care. Besides monitoring the uterus, ovaries, and embryos during pregnancy, this test can be used for many other reasons.

- Diagnose gallbladder disease
- Evaluate blood flow
- Guide needles for biopsy or treatment
- Visualize breast lump

- Examine thyroid gland
- Check genital or prostate problems
- Assess joint inflammation
- Determine bone disease

Our well-trained and personable sonographers understand how to manipulate this technology and can put your patients at ease.

X-ray

Our medical staff uses X-rays, or radiographs, for a wide range of injuries, diseases and disorders. Your patients can receive radiographs with or without contrast. Though this test uses a small amount of radiation, it is considered **safe for all ages, including babies**. However, pregnant women should avoid X-rays as they can harm the growing embryo.

Trabecular Bone Score (TBS)

Advancing the Standard of Bone Health

Worldwide, there is one osteoporosis fracture every three seconds. More than 50% of major osteoporotic fractures occur in non-osteoporotic patients. While bone mineral density (BMD) alone is a key factor in assessing fracture risk, it does not identify all individuals who are at high risk of fracture.

What is TBS iNsight™?

TBS iNsight™ is a state-of-the-art software that evaluates bone micro-architecture in patients during a standard DXA scan. This technology is integrated with your patient's DXA scan and provides a full picture of your patient's risk of fracture.

What are the benefits of TBS?

- Identify more patients at risk of fracture by combining TBS with BMD
- Fine-tune therapy decisions and monitor changes in primary and secondary osteoporosis
- Improve patient management

Meet Your Team

Radiology testing has become commonplace for medical professionals. We depend on detailed imaging to make informed diagnoses and treatment plans. However, our team understands that tests can cause fear and anxiety for your patients. That's why we're committed to listening and providing compassionate care.

Our radiology specialists provide a wide range of imaging procedures. We aim to deliver **detailed imaging** to your practice while providing your patient with a **kind and caring experience**. Our radiologists and technologists are truly extraordinary.

Quality and Convenient Imaging Services

We've got you covered, from ultrasound to nuclear imaging and everything in between. We understand the importance of **accurate, accessible and attentive radiology services**. Your patients and practice depend on it.

Our facility and staff strive to provide reliable radiology resources for you and your patients. Our quality radiology and imaging resources are accessible in your community.

Neurosurgery

Needed Relief with Neurosurgery Services

Back and nerve pain are a daily burden for many of your patients. They want and need relief. Our facility provides a wide range of neurosurgical services, including minimally invasive spine surgeries.

Finding Relief

According to the World Health Organization (WHO), **619 million people worldwide suffer from low back pain**. Chronic nerve injury or back pain can limit your patient's activity level and quality of life. When mobility is limited, overall wellness also declines.

Our neurosurgeons diagnose, consult and surgically intervene to help provide reprieve from chronic pain. We are committed to reducing long-term pain levels while increasing mobility. We understand that your patients are ready to return to active lives without all the painful distractions.

Minimally Invasive Spine Surgeries

Our neurosurgeons use **minimally invasive spine techniques to repair vertebral bones and other parts of the spine**.

Compared to traditional surgeries, this less invasive approach uses a smaller incision and equipment to access the targeted site, typically resulting in less harm to nearby muscles, tendons and other soft tissue.

Patients and providers are excited about the benefits of using image-guided robotics for minimally invasive spine surgeries.

- Less pain
- Reduced need for narcotics
- Faster recovery time
- Less scarring
- Diminished risk of infection
- Reduced blood loss

With robotic technology and small tools, surgeons make a tunnel to the targeted location by gently moving muscles and tendons. Specialized microscopes and real-time imaging assist our neurosurgeons by enhancing and extending their capabilities.

Open Spine Surgeries

Not all spine conditions should be treated with the minimally invasive approach. When this technique is not an option, our neurosurgeons may recommend other treatment alternatives, including open surgery with manual manipulation.

With open spine surgeries, a larger incision down the back exposes and allows access to the area. Our staff understands that everyone is unique. Interventions need to be **personalized and patient-centered for the optimal patient experience**. Regardless, our goal for every patient is to deliver the best and safest treatment choice.

Why Choose Us?

Our multidisciplinary team is committed to what counts.

- We deliver individualized diagnostics.
- We provide personalized treatment plans for maximum effectiveness.
- Our team includes board-certified faculty and advanced registered nurse practitioners.
- We listen and prioritize the needs of our patients
- We offer superior neurosurgical services with precision and compassion

Choosing us means choosing a facility that cares as much for your patients as you do.

Meet Your Neurosurgeons

Our spine experts are skilled in neurosurgeries, minimally invasive techniques and image-guided robotics. On initial evaluation, they explore noninvasive therapies before recommending any invasive intervention.

After collaborating with our multidisciplinary team, we will establish a plan to **promote spinal wellness using cutting-edge technology, techniques and interventions**. Regardless of the spine issue, our team is passionate about helping your patients find relief and return to an active lifestyle.

Your Provider Team



James Barry, III, MD

Neurosurgery

Nashville, TN



Mark Mina Ishak, DO

EMPLOYED PROVIDER

Neurosurgery

Gallatin, TN



Darice Jenkins-Spackman, PA-C

Neurosurgery

Gallatin, TN



Dennis Lockney, MD

Neurosurgery

Nashville, TN



Chine Logan, DO

Neurosurgery

Hendersonville, TN



William Schooley, MD

Neurosurgery

Gallatin, TN



Christopher Storey, MD

Neurosurgery

Gallatin, TN



Arthur Ulm, III, MD

Neurosurgery

Gallatin, TN

Neurosurgery: Promoting Active Living

Our bodies were made for motion. When pain is present, mobility and activity levels become limited. With our **multidisciplinary approach, innovative technology and knowledgeable staff**, we commit to *helping your patients return to their routine*.

With various surgical options, our spine experts are committed to implementing the right interventions for your patient. With image-guided robotic technology, our facility offers minimally invasive spine surgeries in your

community.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate care in their community.** Ready to get started? Click the “Refer” button.

Oncology

Compassionate Care for Cancer Patients

Few words are more difficult to say than “You have cancer.” We understand the extensive impact these words have on your patient’s life. **Cancer changes everything.** That’s why we commit to delivering preventive testing and a high standard of oncology services.

Cancer Care That’s Close to Home

Home — patients going through cancer treatments often long for home. They yearn to sleep in their own beds and enjoy the comfort of friends, family and pets. Spending weeks or months away from home adds stress to an already stressful situation. That’s why our facility strives to **provide a variety of oncology services that are close to home.**

Outstanding Oncology Services

Family physicians, PAs and NPs are at the frontlines in the fight against cancer. Often, these vital medical professionals are the first to observe abnormalities and recommend testing. They **ensure patients receive the right care at the right time.** So, our facility offers a variety of testing and treatment options for your oncology patients.

Diagnostic services

- Mammography
- MRI
- CT scan
- Radiology

Oncology treatment

- Surgery
- Chemotherapy
- Radiation
- Radiofrequency ablation

Our staff are here to support you so that you can support your patients. Our screening guidelines, diagnostic scans and oncology services enable **early detection and treatment, promoting better outcomes.**

Healthy Person Program

Not only do we deliver testing and treatment options, but we also offer ongoing support for you and your patients.

Our facility has partnered with the Eon Centralized Management team to deliver the Healthy Person Program.

Utilizing AI technology and a multidisciplinary approach, the team **tracks incidental findings.** This resource helps us *promote early detection, diagnosis and intervention.* Our Healthy Person Program reports abnormal results that could lead to cancer in the following areas:

- Lung
- Pancreas
- Thyroid
- Breast

After reviewing scans and images, the team notifies the patient and PCP about incidental findings while keeping everyone updated on changes. Using this program, we provide recommendations and support while allowing you, the provider, to determine the care plan.

Meet Your Oncology Team

Because cancer is traumatic, our oncology team provides compassionate, individualized care. With **warmth, dignity and a profoundly relational approach,** our staff provides the care your patients deserve.

Our cancer specialists are trained in treating various cancers with exceptional therapies and up-to-date protocols. We aim to compassionately support patients in their fight against cancer.

Your Provider Team



Tamjeed Ahmed, MD

Medical Oncology

Gallatin, TN



Ishita Chen, MD

Radiation Oncology

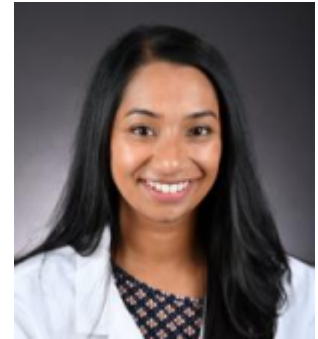
Gallatin, TN



**Jeffrey Friedman, MD,
PhD.**

Radiation Oncology

Gallatin, TN



Revathi Kollipara, MD

Medical Oncology

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**Joshua Mondschein,
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Dianna Shipley, MD

Medical Oncology

Gallatin, TN



Scott Strickler, MD

Radiation Oncology

Gallatin, TN

Uniting to Provide Compassionate Care for Cancer Patients

From testing to treatment, our staff helps manage cancer care. We holistically support oncology patients with **preventive services, diverse therapies, on-site social services and financial counselors**. Building on your established patient relationship and our outstanding oncology services, we can unite to provide excellent cancer care in our community.

Cancer is stressful. With compassion at our core, we are here to help reduce stress and improve outcomes. Striving to cater to your patients' concerns, our staff seeks to be an invaluable resource for you and your patients.

As the referring physician, you seek to ensure that all your patients receive superior care. You need resources and referral options that you can be confident in. **Our proven service ensures your patients receive exceptional and compassionate oncology care in their community.** Ready to get started? Click the "Refer" button.

Orthopedics

Enhancing Lives with Accessible Orthopedic Services

Joint pain can keep your patient from living their best life. But who can you trust for accessible orthopedic services? Our facility offers a variety of orthopedic services to promote prevention, detection, treatment and rehabilitation in an environment of compassion.

Neck and Back Pain

Back and neck pain **affects more than 80% of adults** at some point in their life. With a column of 33 vertebrae, the spine, which extends from the skull to the pelvis, is often the culprit of debilitating pain.

When evaluating therapy options for the spine, your patient may feel some anxiety. Thankfully, many spine conditions do not require surgical interventions. Our orthopedic specialists are committed to providing pain management and treatment interventions tailored to meet your patient's unique needs. We aim to empower individuals with the tools and resources that promote an active lifestyle.

Joint Pain

Knee injuries and hip pain are common reasons people visit an orthopedic surgeon. Before establishing a plan of care, our orthopedic experts will perform a thorough assessment and any necessary diagnostic tests. After diagnosis, our specialists will discuss treatment options.

Committed to safety and long-term mobility, our providers choose non-surgical therapies whenever possible. Yet, we are certified to perform surgical interventions when necessary.

We offer surgical options for several joint repairs or replacements if non-invasive interventions prove ineffective. Our orthopedic surgeons may recommend surgical treatment if the following conditions apply:

- Joint pain that continues despite compliance with non-surgical therapies
- Loss of significant range of motion
- Joint discomfort during times of rest

- Decreased ability to perform daily or athletic activities

Regardless of treatment modality, we deliver thorough education so patients are informed and on board with the recommended treatment plan.

Hand and Wrist Pain

Hobbies, like gardening or sports, enhance our lives. The effects of a hand or wrist injury can be far-reaching, preventing your patients from doing their favorite activities and limiting athletic performances. Since these common injuries can lead to forearm and elbow pain, our orthopedic specialists are ready and available to treat your patient's hand or wrist injury.

As with all our orthopedic services, we begin with a complete evaluation of the injury and testing that ensures proper diagnosis. Whether or not surgical intervention is necessary, your patients will receive **treatments precisely designed to help them get back to what they love.**

Orthopedic Services Available Near You

Our skilled orthopedics and spine team remain focused on your patient's needs, conditions, and injuries. We are committed to developing a course of treatment to **lessen pain, correct or reduce symptoms, and speed recovery.**

Our hospital offers various orthopedic services, so your patients receive the right treatment at the right time in their community.

Interventional orthopedic services

- Hand and upper extremity services
- Spine and neck services
- Joint replacement surgery
- Partial hip and knee replacement
- Total hip and knee replacement
- Sports medicine

Supportive orthopedic services

- Pain management
- Diagnostic testing
- Imaging resources

- Rehabilitation

Meet Your Orthopedic Team

We work with exceptional orthopedic specialists and an experienced spine team to bring you and your patients a wide range of **interdisciplinary orthopedic services**. That's why your patients can access highly qualified orthopedic specialists and surgeons right in their community.

Your Provider Team

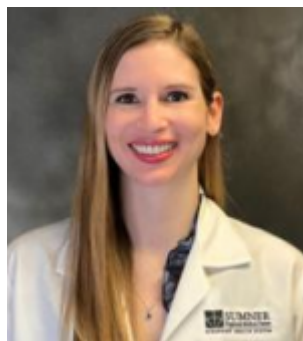


**John Arnold, MD;
MPH**

EMPLOYED PROVIDER

Orthopedic Surgery

Tullahoma, TN



Kelly Barry, MD

EMPLOYED PROVIDER

Orthopedic Surgery

Gallatin, TN



Eric Beach, PA

EMPLOYED PROVIDER

Orthopedic Surgery

Tullahoma, TN

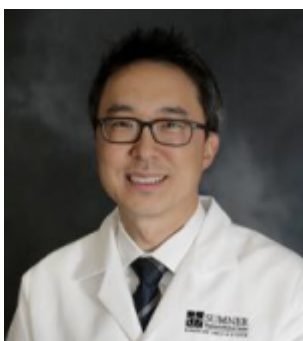


**William Beauchamp,
DO**

EMPLOYED PROVIDER

Orthopedic Surgery

Gallatin, TN



Benjamin Debelak, DO

Orthopedic Surgery

Gallatin, TN



Thomas Gautsch, MD

Orthopedic Surgery

Gallatin, TN



William Glover, PA-C

EMPLOYED PROVIDER

Orthopedic Surgery

Portland, TN



Paul Grutter, MD

Orthopedic Surgery

Gallatin, TN

**Brian Koch, MD**

Orthopedic Surgery

Hendersonville, TN

**Bryan Lapinski, MD**

Orthopedic Surgery

Gallatin, TN

**Wendy Patton, MD****EMPLOYED PROVIDER**

Orthopedic Surgery

Tullahoma, TN

**Stephen Rose, MD**

Orthopedic Surgery

Gallatin, TN

**Antonio Schefano,
PA-C****EMPLOYED PROVIDER**

Orthopedic Surgery

Gallatin, TN

**Samantha Smith, FNP**

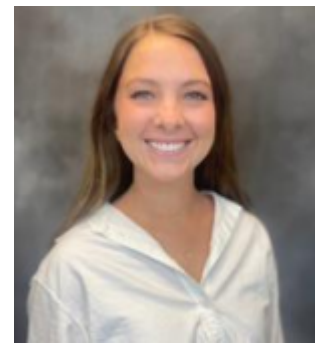
Orthopedic Surgery

Lebanon, TN

**Roy Terry, MD**

Orthopedic Surgery

Lebanon, TN

**Lauren Van Pelt, PA****EMPLOYED PROVIDER**

Orthopedic Sports Medicine,

Non-Operative Orthopedics,

Family Medicine

Gallatin, TN

Providing Quality Orthopedic Care

We are passionate and dedicated to providing quality orthopedic services just down the street. As the referring physician, **you hold the key that unlocks the door to better procedural outcomes.** Our staff understands that you want excellent orthopedic care for your patients. We take our partnerships seriously and are privileged to collaborate with you to provide safe, quality orthopedic care. Referring your patient is easy. Click the “Refer” link to get started.

Direct appointment scheduling: [615.328.3740](tel:615.328.3740)

** We are committed to enhanced access for your patients and have availability for new patients within two weeks. Same day patient walk-ins are also welcome.*

Locations**Highpoint Orthopedics & Neurosurgery – Gallatin**

300 Steam Plant Road, Suite 300

Gallatin, TN 37066

Highpoint Orthopedics – Portland

934 S. Broadway, Suite C

Portland, TN 37148

Pain Management

Pain Management Services: Making a Tangible Impact

Nearly 21% of Americans endure chronic pain.* This discomfort can impact mobility, mood, ambitions and overall quality of life. Patients frequently ignore aches, taking on a “grin-and-bear-it” mentality. They often wait until the discomfort becomes debilitating to get help. Your patients need to know that there’s a better way. Pain management services allow your patients to enjoy a life with less painful interruptions.

The value of pain management services

Pain has far-reaching effects. But appropriate pain management can improve your patient’s life in the following ways:

- Increased mobility
- Enhanced mental health
- Improved quality of life
- Enriched social experiences
- Expanded participation in daily activities

Pain can rob your patients of meaningful moments, professional ambition and peaceful sleep. But, effective pain management strategies provide hope. These interventions help your patients get back to the life they love.

Traditional pain management

Traditional pain management uses pharmaceuticals and offers a viable solution to urgent problems. However, these strategies must be managed with the utmost consideration. We take a conservative approach to traditional pain management. **Our specialists strive to reduce pain while also considering the potential long-term effects.**

Certain antidepressants and anticonvulsants are proven to reduce chronic and neuropathic pain. Additionally, we have observed incredible results from using NSAIDs and the ERAS protocol. That’s why we take a holistic approach to pharmaceutical pain management and use opioids when necessary.

Interventional pain management

Interventional pain management targets the pain at its source. It uses image-guided techniques and minimally invasive procedures. We are proud to offer the following interventional pain management approaches:

- **Targeted injections:** Precise medication delivery can reduce inflammation and prevent pain signaling.
- **Nerve blocks:** These medications numb and inhibit pain signals from a compressed nerve.
- **Radiofrequency ablation:** This technique utilizes heat energy to disable the nerve's pain signals.
- **Pain pumps:** These implanted devices deliver medication directly into the spinal fluid.
- **Spinal cord stimulation:** These implantable devices use adjustable electrical currents to disrupt pain signaling. Patients alter the electrical currents using a handheld device.

With these innovative strategies, pain specialists boast improved results with fewer side effects.

Chronic pain management

Chronic pain lasts three months or more. Approximately **52 million individuals report chronic pain**. Some common causes include:

- Nerve damage
- Arthritis
- Osteoporosis
- Autoimmune disorders
- Injury
- Headaches
- Cancer

No two patient's pain experience is precisely the same. That's why patients with chronic pain need a personalized plan. For many of these patients, a single approach is not sufficient. They require a more thorough strategy.

Managing chronic pain requires a multidisciplinary approach. *By combining diverse treatments, patients maximize their results.* We utilize a variety of treatment modalities to address the multifaceted aspects of chronic pain.

Your Provider Team



Ryan Bearer, DO

EMPLOYED PROVIDER

Pain Medicine

Tullahoma, TN

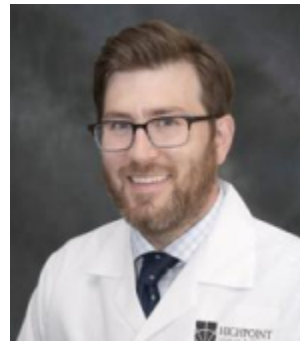


Karen Brazier, APRN

EMPLOYED PROVIDER

Pain Medicine

Tullahoma, TN



Robert Caughey, MD

EMPLOYED PROVIDER

Pain Medicine

Gallatin, TN



James Eldridge, FNP-BC

EMPLOYED PROVIDER

Pain Medicine

Winchester, TN



Scott Fowler, PA-C

EMPLOYED PROVIDER

Pain Medicine

Winchester, TN



Crystal Hudson, FNP

EMPLOYED PROVIDER

Pain Medicine

Gallatin, TN

Why choose us for pain management services?

Daily pain disruptors significantly impact mobility, mental health and overall quality of life. **Our pain management services allow patients to find relief and reclaim their lives.** We provide innovative strategies while addressing pain at its source. When partnering with us, your patients have access to the following specialists:

- Interventional radiologist
- Anesthesiologist

- Pain doctor
- Neurologist
- Physiatrist

Our multidisciplinary team is attentive to your patient's individualized needs. We incorporate pharmaceuticals, minimally invasive procedures and alternative therapies to help patients find the plan that works for them. By partnering with us, your patients receive evidence-based care that enhances their lives. We would be honored to be *your partner in care*. Click the "Refer" button to get started today.

Resources:

"Chronic Pain Among Adults – United States, 2019–2021." CDC: Morbidity and Mortality Weekly Report, 2023, Chronic Pain Among Adults – United States, 2019–2021 | MMWR.

Locations**Highpoint Pain Clinic**

300 Steam Plant Road, Suite 410

Gallatin, TN 37066

Pulmonology

Pulmonology and Respiratory Critical Care

Difficulty breathing can feel scary. A chronic cough can be irritating. Unexplained fatigue can be personally and professionally limiting. That's why your patients need access to advanced diagnostic and therapeutic pulmonology services.

Our team specializes in pulmonology and critical care medicine. Their expertise enables them to provide knowledgeable consultation, outpatient management and inpatient care. You can count on us for advanced respiratory care close to home.

Why refer to us?

We make pulmonary care accessible for patients and streamlined for referring providers. Here's how we support you in delivering exceptional pulmonology care:

- **Advanced procedures:** We provide the right procedure at the right time. We perform bronchoscopies, thoracentesis, pleuracentesis and line placements.
- **Accessible care:** We reduce the travel burden while ensuring exceptional care.
- **Broad scope:** From outpatient evaluation to ICU management, we offer care continuity.
- **Proactive prevention:** We provide screenings to help identify and address issues early.
- **Timely communication:** We prioritize efficient transitions and collaborative planning.

Our team is here to extend your care. We offer clinical excellence and a trusted partnership you can depend on.

Referral considerations

Respiratory conditions that may require advanced pulmonary services include:

- Shortness of breath
- Chronic cough
- Hemoptysis

- Abnormal imaging findings
- Recurrent pneumonia
- Chest pain
- Suspected or confirmed chronic obstructive pulmonary disease (COPD), asthma, interstitial lung disease (ILD) or pulmonary hypertension
- Sleep-disordered breathing

If your patient is experiencing these unresolved respiratory symptoms, we're here to help.

LDCT lung cancer screening

Lung cancer is the primary cause of cancer-related deaths in the United States.* But **low-dose computed tomography (LDCT) scans can detect lung cancer early**. Providers should refer these patients for an LDCT scan:

- History of smoking 20 packs or more per year **and**
- Currently smoke or have quit smoking within the past 15 years **and**
- Age 50 – 80

LDCT scans have proven to lower patients' risk of dying from lung cancer. Timely LDCT screening can be the difference between early treatment and late-stage diagnosis.

Outpatient services

The outpatient setting is ideal for managing many respiratory conditions. Our team excels in the following outpatient services:

- Pulmonary function testing
- LDCT cancer screening
- Chronic disease management
- Lung cancer evaluation and coordination
- Sleep study referrals

Our team **works closely with referring providers** to deliver personalized treatment plans. We monitor progress and escalate care when necessary.

Inpatient pulmonary critical care

The pulmonologists collaborate with the ICU team to manage complex conditions. Some common inpatient conditions we treat include:

- Acute respiratory failure
- COPD
- Emphysema
- ILD
- Lung cancer
- Lung infections
- Pneumonia
- Pneumothorax
- Pulmonary hypertension
- Tuberculosis (TB)

When partnering with us, everyone benefits. You and your patients can expect **expert critical care delivered with precision and timeliness.**

Advanced procedures when you need them

If your patient's condition intensifies, our team is ready to offer:

- Ventilator support
- Central and arterial line placement
- Chest tube placement
- Thoracentesis
- Bronchoscopy

With the **expertise and technology to support critical cases**, we help patients get the care they need.

Your Provider Team



Hermogenes Battad, MD

Pulmonology
Gallatin, TN



Brooke Counce, MSN
EMPLOYED PROVIDER

Pulmonology
Gallatin, TN



Benjamin Ferrell, MD

Pulmonology
Gallatin, TN



Marc Hofmann, MD

EMPLOYED PROVIDER
Pulmonology
Gallatin, TN



Sherrie Smith, FNP-BC

EMPLOYED PROVIDER
Sleep Medicine, Pulmonology
Winchester, TN



Gregory Wigger, MD

Pulmonology
Gallatin, TN

Exceptional diagnostic and therapeutic respiratory care

Let us be **your partner in care**. We provide advanced pulmonary services conveniently located close to home. Our team offers timely evaluations, evidence-based treatments and care continuity. Click the “Refer” button to ensure your patients receive exceptional pulmonology services.

Resources

"Key Statistics for Lung Cancer." American Cancer Society, 2025, Lung Cancer Statistics | How Common is Lung Cancer? | American Cancer Society.

Rehabilitation Therapy

Enhancing Patient Lives with Comprehensive Outpatient Rehabilitation Therapy

We offer comprehensive outpatient rehabilitation therapy for adults across our facilities. With an experienced staff including Physical Therapists, Occupational Therapists and Speech Language Pathologists, we are ready to help patients get back to their active lives.

Our highly skilled and knowledgeable therapy practitioners specialize in improving the abilities and lives of those affected by injuries, disease, illness, pain, and developmental delays.

Our services include:

- Dry Needling
- Lymphedema
- Physical Therapy
- Kick Pink Breast Cancer Therapy
- Neurologic Physical Therapy
- Speech Therapy
- LSVT Big & Loud for Parkinson Disease
- Occupational Therapy
- Pulmonary Rehabilitation Program
- Pelvic Floor Therapy

Occupational Therapy

Our team will develop an individualized evaluation and custom treatment plan for your patients based on patient/family and therapist goals.

Conditions we treat include, but are not limited to:

- Lymphedema
- Neurological disorders
- Strokes

- Orthopedic issues/injuries
- Visual perception
- Generalized weakness

Physical Therapy

With our state-of-the-art exercise and rehabilitation equipment, we are able to provide physical therapy services to individuals who have sustained injuries or have limitation in their functional status due to disease, injury or illness. We pride ourselves on providing one-on-one care for each patient by licensed therapists only. We strive to create personalized treatment programs to regain skills and achieve the best possible outcome for a good quality of life.

Conditions that we treat include, but are not limited to:

- Arthritis
- Difficulty in activities of daily living (ADLs)
- Falls
- Generalized weakness
- Lower extremity amputations
- Neck/back pain
- Neurological impairments
- Orthopedic pain/ injures
- Parkinson's disease
- Sports injuries
- Vertigo

Speech Therapy

If your patient suffers from a speech or language problem, it may be hard for them to communicate, participate in daily activities or enjoy their time with others. Highpoint Health Therapy Services located at Highpoint Health – Sumner Station, offers outpatient speech therapy for a variety of patient populations. Speech therapy is the assessment, diagnosis and treatment of speech, language, cognitive communication, voice and swallowing disorders by a speech-language pathologist, so that your patient can achieve a higher level of verbal expression, comprehension and swallowing safety. We are here to help your patients get back to their active lives.

Conditions that may warrant an evaluation:

- Stroke

- Brain mass
- TBI
- Dementia or Alzheimer's disease
- ALS and MS
- Parkinson's disease
- Huntington's disease
- Head and neck cancer

Ready to Get Started?

As a referring provider, you are an important member of your patient's therapy services team. Upon referral, your patient meets with our staff for a consultation. Our team then develops a treatment plan for your patients and informs you throughout the process. For more, information, click 'Refer Now' for our updated contact information.

Skilled Nursing

Skilled Nursing (Swing Bed) Services

Recovering from a serious illness or injury doesn't happen overnight. The Skilled Nursing (Swing Bed) program at Highpoint Health – Riverview and Highpoint Health – Trousdale supports patients who no longer need acute care, but who still need more rehabilitation before they are ready to return home. This program is perfect for those recovering from a stroke, orthopedic surgery, pulmonary disease or any other illness requiring continued care.

What is Skilled Nursing Swing Bed?

Swing Bed care is a specialty service provided only by select, licensed hospitals. It is used for a second level of medically-supervised care, and is specially designed to fill the gap between the patient's hospital stay and going home. Patients may receive appropriate therapies, ongoing nursing care, IV medications or assistance with healing wounds. Most importantly, patients can begin to participate in their own care, and continue their recovery before ever leaving the hospital.

Who should be referred for Swing Bed Services?

Typically Swing Bed patients may have one or more of the following reasons for requesting a Swing Bed:

- Restorative Care
- Undergoing acute / sub-acute rehabilitation
- Needing additional therapies for recovery, such as physical, occupational, or speech
- Needs intravenous therapy and/or medications
- Have significant discharge education needs, such as self-catheterization, management of recent ostomy, and administration of injection medications, feed tube care, or management of a PICC line.

Services Offered:

- IV antibiotic therapy
- Occupational therapy to improve and strengthen activities of daily living
- Physical therapy to improve strength, endurance, flexibility, motor control and stability

- Respiratory therapy in conjunction with IV therapy
- Skilled nursing services are available 24 hours a day to provide care
- Social services to ensure a smooth transition upon discharge
- Speech therapy
- Wound care consisting of treatments and dressing changes for wounds such as surgical incisions and ulcers

Swing Bed vs. Skilled Nursing Facilities (SNFs)

Swing Bed	Skilled Nursing Facility
Nurse-to-patient ratio: 1:4-6	Nurse-to-patient ratio: 1:10-20
On-site pharmacy, radiology, lab	Nearby pharmacy, radiology, lab
At least one Registered Nurse (RN) present 24 hours a day	At least one Registered Nurse (RN) present 8 hours a day, with Licensed Vocational Nurse (LVN) present 24 hours a day
Physician visits once per 7 days	Physician visits once per 30 days (first month), 60 days (thereafter)
Goal is to return patient to prior living setting	Goal is to return patient to prior living setting, but that expectation is not required for admission

Surgery

Boldly Transforming Surgical Care

No one excitedly anticipates surgery day. Yet, sometimes, surgical interventions are the best option. With image-guided robotics, patients often experience better outcomes with quicker recovery times. With a drive to improve surgical care, our facility has invested in these technologies.

What Is Image-Guided Robotics?

Image-guided robotics are **sophisticated technologies that use real-time imaging obtained from small cameras to aid in minimally invasive procedures**. Surgical interventions have become common, with almost 50 million surgeries performed annually in the United States. However, less invasive techniques are becoming the gold standard.

Using magnetic resonance and ultrasound pictures, medical staff access vivid visualization of the targeted site. Additionally, tiny tools, guided by a skilled surgeon, allow for superior surgical repairs with less internal trauma. The combination of detailed imaging and small devices enables surgeons to extend their capabilities and successfully perform minimally invasive procedures.

Robotic Surgical Services

Many medical conditions require minor surgeries, which are available as outpatient procedures. Other surgeries require a hospital stay. Regardless of surgery type, we're here to help.

Our surgeons can access the da Vinci Surgical System to perform many of these procedures. This robotic surgical innovation supports our medical staff with **detailed imaging and precise dexterity**, making entry to targeted sites easier.

Benefits of Robotic Surgical Systems

Our facility uses robotic surgical systems to perform minimally invasive techniques. Image-guided robotic technology allows surgeons to *conduct complex, delicate procedures with unmatched precision and reduced internal*

injury. Patients and providers rave about the benefits of this robotic innovation.

- **Smaller incisions** lead to *less scarring and infection*.
- **Reduced internal damage** leads to *less pain and blood loss*.
- **Faster mobilization** leads to *shorter recovery times*.

With our surgeon's hands at the helm, we often observe the advantages of image-guided robotics. However, as with all medical procedures, results vary.

Achieving Better Outcomes

Our hospital equips highly trained surgeons with the technology and tools to perform traditional, laparoscopic and robotic procedures. When surgery is necessary, we aim to **support patient recovery with exceptional education, reliable resources and proven protocols**.

We utilize the Enhanced Recovery After Surgery (ERAS) protocol, a multimodal approach to post-surgical pain management. This evidence-based guideline helps decrease postprocedural pain, promote mobilization and reduce narcotic use.

Meet Your Surgical Team

Committing to patient-centric interventions, our surgeons aim for successful and safe procedures. We are **committed to excellence, innovation, and, most importantly, superior patient care**. Not only do our surgeons have access to modern innovations, but our surgical team also has the training required to utilize image-guided robotics.

Your Provider Team



**John Arnold, MD;
MPH**

EMPLOYED PROVIDER

Orthopedic Surgery
Tullahoma, TN



Nancy Barrett, MD

EMPLOYED PROVIDER

General Surgery
Lebanon, TN



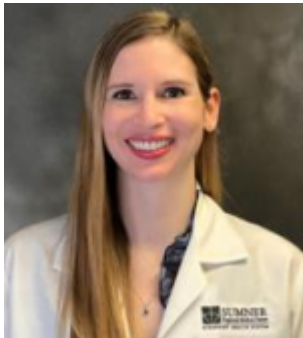
Lucy Barrow, DPM

Podiatry, Foot and Ankle
Surgery
Gallatin, TN



James Barry, III, MD

Neurosurgery
Nashville, TN



Kelly Barry, MD

EMPLOYED PROVIDER

Orthopedic Surgery
Gallatin, TN



Eric Beach, PA

EMPLOYED PROVIDER

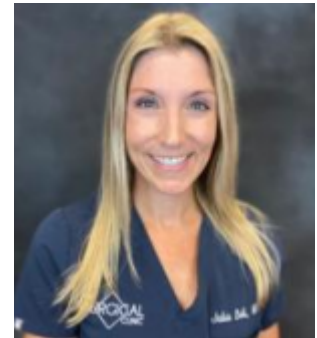
Orthopedic Surgery
Tullahoma, TN



**William Beauchamp,
DO**

EMPLOYED PROVIDER

Orthopedic Surgery
Gallatin, TN



Julia Boll, MD

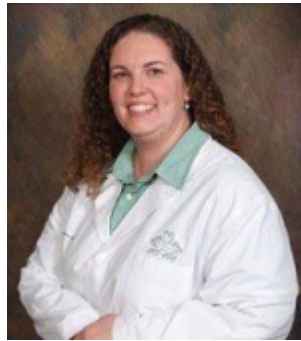
Vascular Surgery
Gallatin, TN



John Crabtree, Jr., MD

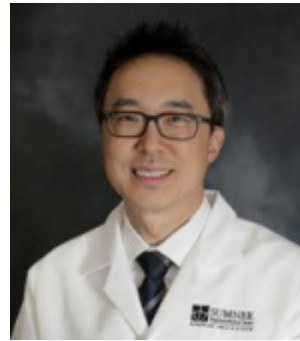
EMPLOYED PROVIDER

General Surgery
Winchester, TN



Loucinda Dampier, MD

General Surgery
Hendersonville, TN



Benjamin Debelak, DO

Orthopedic Surgery
Gallatin, TN



Christopher Frazier, DPM

EMPLOYED PROVIDER

Podiatry, Foot and Ankle
Surgery, Wound Care
Gallatin, TN



Thomas Gautsch, MD

Orthopedic Surgery
Gallatin, TN



William Glover, PA-C

EMPLOYED PROVIDER
Orthopedic Surgery
Portland, TN



Paul Grutter, MD

Orthopedic Surgery
Gallatin, TN



Jeffrey Hollis, MD

EMPLOYED PROVIDER
General Surgery
Gallatin, TN



Mark Mina Ishak, DO

EMPLOYED PROVIDER

Neurosurgery
Gallatin, TN



Darice Jenkins-Spackman, PA-C

Neurosurgery
Gallatin, TN



Brian Koch, MD

Orthopedic Surgery
Hendersonville, TN



Timothy Kuo, MD

EMPLOYED PROVIDER

Otolaryngology
Winchester, TN

**Bryan Lapinski, MD**

Orthopedic Surgery

Gallatin, TN

**Dennis Lockney, MD**

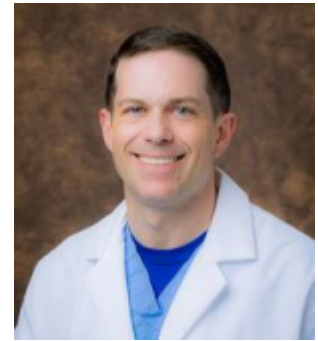
Neurosurgery

Nashville, TN

**Chine Logan, DO**

Neurosurgery

Hendersonville, TN

**Rodney Mewbourne, MD****EMPLOYED PROVIDER**

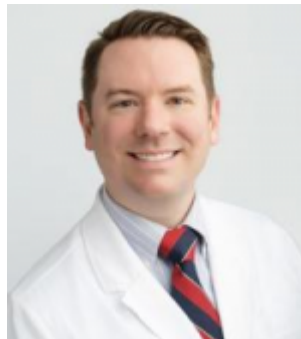
General Surgery, Wound Care

Gallatin, TN

**Wendy Patton, MD****EMPLOYED PROVIDER**

Orthopedic Surgery

Tullahoma, TN

**William Pryor, MD****EMPLOYED PROVIDER**

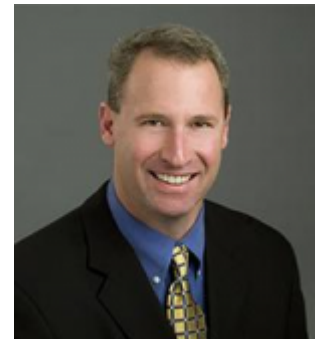
General Surgery

Manchester, TN

**Brian Reed, MD****EMPLOYED PROVIDER**

General Surgery, Bariatric Surgery

Gallatin, TN

**Stephen Rose, MD**

Orthopedic Surgery

Gallatin, TN

**Antonio Schefano, PA-C****EMPLOYED PROVIDER**

Orthopedic Surgery

Gallatin, TN

**William Schooley, MD**

Neurosurgery

Gallatin, TN

**Samantha Smith, FNP**

Orthopedic Surgery

Lebanon, TN

**Christopher Storey, MD**

Neurosurgery

Gallatin, TN

**Roy Terry, MD**

Orthopedic Surgery

Lebanon, TN

**Arthur Ulm, III, MD**

Neurosurgery

Gallatin, TN

**Clive Wasson, DO****EMPLOYED PROVIDER**

General Surgery

Winchester, TN

Progressive Technology and Positive Results

No surgery is routine — at least not to your patient. We understand that. Our full range of surgical options delivers the proper treatment for each patient.

With our eyes on excellence, we strive to demonstrate this drive with **progressive technology and positive patient outcomes**. However, our tools, technology and training are only possible with your collaboration.

Contact us today to learn how we can *work together to transform surgical care*. Referring your patient to our surgical services is easy.

Direct appointment scheduling: [615.328.3740](tel:615.328.3740)

** We are committed to enhanced access for your patients and have availability for new patients within two to four weeks.*

Locations

Highpoint General Surgery Associates

300 Steam Plant Road, Suite 470

Gallatin, TN 37066

Urology

Urology Services with Excellence and Dignity

Patients often feel uncomfortable talking about incontinence or erectile dysfunction. Consequently, they avoid much-needed treatment because of embarrassment. Your patients need urology services with dignity. We commit to delivering excellent urology services with compassion, discretion and sensitivity.

Exceptional Urology Services

When you partner with us, you get **exceptional urology services and a multi-disciplinary team**. Our urologists specialize in diagnosing and treating urinary tract conditions and male reproductive problems. Some urology conditions our team treats include:

- Urinary incontinence
- Overactive bladder
- Urinary tract infections (UTIs)
- Kidney stones
- Benign prostate hyperplasia (BPH)
- Erectile dysfunction
- Hematuria
- Urologic cancers, including prostate, bladder, kidney and testicular cancers

We are passionate about collaboration because a team approach produces superior results. That's why we take a multi-disciplinary approach to all our urology services. Regardless of diagnosis, we coordinate care with you, the oncologist, the cardiologist, or other providers to ensure exceptional care for your patients.

Aquablation

Aquablation is a minimally invasive surgical technology for benign prostate enlargement, which uses a heat-free high-pressure water jet to remove obstructing prostate tissue. A recent 5-year randomized controlled trial comparing Aquablation with TURP (long considered the gold standard), found equivalent improvement in flow rate and symptom score with a lower complication rate and a strong safety profile. Its high-speed resection time and potential for

preservation of sexual function are major strengths. The procedure can be used to treat prostates of almost any size. In clinical studies, men who had Aquablation therapy had significant symptom relief and very low rate of irreversible complications – incontinence, ejaculatory and erectile dysfunction.

The advantages of Aquablation

- Reduced resection time
- Reduced overall procedure time
- Strong safety profile
- Preservation of key anatomical structures
- Preservation of sexual function
- No ionizing radiation
- Avoids thermal damage
- Histology specimens available

Who qualifies for Aquablation?

Inclusion criteria:

- Moderate to severe lower urinary tract symptoms refractory to pharmacotherapy
- Age > 50 years
- International Prostate Symptom Score > 12
- Maximal flow rate Q_{max} ≥ 12 ml/s

Exclusion criteria:

- Active infection
- Neurogenic bladder/sphincter abnormalities
- Some prior prostate surgeries
- High anesthetic risk

Success of Aquablation

Aquablation therapy is the only procedure that removes prostate tissue with a robotically controlled heat-free waterjet technology, which minimizes human error in removing prostate tissue and ensures that prostate tissue is removed precisely, consistently and predictably.

- 10/10 men preserved erections
- 9/10 men preserve ejaculation
- 10/10 men preserve continence
- 2x improvement in the flow of urine
- 16-point IPSS improvement (BPH symptom score)

Improving Results with Innovation

More than 50% of men experience benign prostatic hyperplasia (BPH) after the age of 60. For decades, surgeons have used transurethral resection of the prostate (TURP) to treat BPH. However, Aquablation is an innovative, minimally invasive technique that uses robotic technologies to treat BPH. Some of the benefits of using Aquablation include:

- Protection of male anatomy
- Conservation of sexual function
- Less resection and procedural time
- High safety ratings
- No need for ionizing radiation
- No thermal damage

Aquablation produces comparable results to TURP with less irreversible complications, like incontinence, erectile dysfunction and ejaculatory ineptitude. **Men often prefer Aquablation because of the improved net benefits.** Our facility is proud to deliver this sought-after surgery to your male patients.

Your Urology Team

As a conscientious provider, you need urology resources you can count on. Our premier urologists excel in diagnosing and treating urinary tract and male reproductive conditions. Our physicians focus on personalized interventions while working collaboratively to produce excellent results.

We are passionate about creating a patient-first environment. That's why we prioritize listening to understand. We want to understand the problem and how the condition affects your patient's life. **With a holistic mindset, our urologists treat not only the problem but the person.**

Your Provider Team



Howard Aubert, MD

EMPLOYED PROVIDER

Urology

Lawrenceburg, TN



Colleen Curtis, FNP-BC

EMPLOYED PROVIDER

Urology, Family Medicine

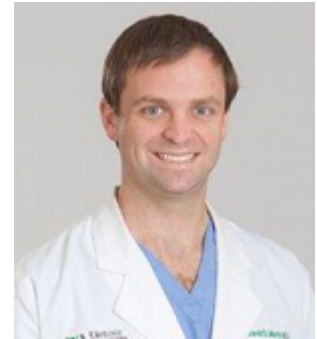
Carthage, TN



Katelyn Jones, ARNP

Urology

Carthage, TN



David Morris, MD

Urology

Gallatin, TN



Vivek Narain, MD

Urology

Gallatin, TN



Joseph Pazona, MD

EMPLOYED PROVIDER

Urology

Wytheville, VA



Daniel Ramirez, MD

Urology

Gallatin, TN

Why Choose Us?

We prioritize patient-centered care. Your patients need a urology team **committed to listening, learning and leading them to a better life without so many genitourinary interruptions.** That's why we advance our techniques while focusing on person-first communication and care.

Your patients are tired of endless bathroom breaks and subpar sexual health. We are here to help preserve their dignity and way of life.

Providing Advanced Urology Services in Your Neighborhood

Many people feel embarrassed to talk about problems they experience in the bathroom and bed. That's why so many postpone treatment. With **empathy at our core, we aim to listen, understand and respond to concerns with dignity and discretion.**

From curing urinary conditions to restoring sexual health, our superior urology team strives to improve your patient's life by addressing annoying genitourinary conditions. Contact us to learn how we can bring excellent urology services to your patients. Click the "Refer" button to get started today.

Women's Health

Women's Health for All Stages

Pregnancy, hormonal changes and menopause – your patients experience many changes throughout womanhood. We're here to deliver personalized care for all these changes, ages and stages.

Convenient and Compassionate Care

With the demands of work, caregiving and family schedules, **your patients are busy**. They need healthcare services that are compassionate AND convenient.

Additionally, many women's health concerns can be personal and private. That's why we aim to treat each woman with individualized consideration and dignity while providing excellent care and support.

Women's Health Services

Whether 25 or 65, we understand that your patient's overall health is vital to them living their best life. We offer women's health services that facilitate **wellness throughout all the stages of womanhood**.

Breast health

By offering **mammograms, breast ultrasounds and biopsies**, we aim to detect abnormalities early and improve outcomes. We approach breast health with sensitivity, so every appointment and procedure is *as comfortable and convenient as possible for your patients*.

Gynecology

Whether your patient needs testing or treatment, we're here to help. Our gynecologic specialists provide compassionate care for a wide range of pelvic disorders. With modern technology and skilled staff, we strive to reduce the stress of women's health concerns.

Minimally invasive surgeries

Surgical techniques and technology have come a long way. With laparoscopic and robotic capabilities, we provide **women's health procedures that often result in less scarring and quicker recovery times.**

Prenatal care

Pregnancy is a life-altering experience. With knowledgeable and caring staff, we are here to support your OB/GYN patients as they prepare for birth and motherhood. Additionally, our OB/GYN specialists are equipped and ready to help with high-risk pregnancies.

Labor and delivery

Every mother has their own unique birth story. With experienced staff, comforting amenities and innovative resources, *we aim to make that story pleasantly memorable.* Our nurses and providers promote safe deliveries, healthy babies and supported moms.

Postpartum care

The days directly after labor can be exhausting and intimidating. We understand how vital those few days in the hospital can be for parental success. Patient education and support promote healthy moms and babies. You can rest assured that we are there to oversee safe recovery, teach infant care, and support mother-baby bonding.

Robotics in Women's Health

Sometimes, surgical intervention is the best course of action for your patient. Using image-guided robotic technology, **women often benefit from minimally invasive surgery.** Using tiny tools and detailed imaging, surgeons can perform many procedures that often produce the following benefits:

- Reduced scarring
- Reduced soft tissue damage
- Reduced pain and need for narcotics
- Reduced blood loss
- Reduce hospitalization time

We offer minimally invasive options for many women's health procedures. Our robotic technology helps surgeons enhance their capabilities by improving visualization and dexterity.

Meet Your OB/GYN Specialists

Our OB/GYN specialists understand that women's health preferences are unique. Each woman **deserves care personalized to their individual needs**. That's what makes our women's health services so exceptional.

Your Provider Team



Doris Appiah, MD

EMPLOYED PROVIDER

Family Medicine, Gynecology
Gallatin, TN



Whitney Buck, MD

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Gallatin, TN



**Jacqueline Butler,
APRN**

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Gallatin, TN



Gina Dado, MD

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Winchester, TN



Ashley DeWitt, DO

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Winchester, TN



Farrar Jean Ford, DO

EMPLOYED PROVIDER

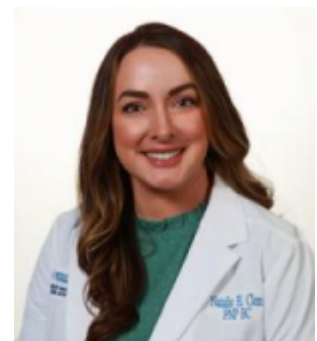
Obstetrics and Gynecology,
Gynecology
Winchester, TN



**Danielle Hamblen,
FNP-C**

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Gallatin, TN



**Natalie Hollis Clem,
FNP-BC**

EMPLOYED PROVIDER

Women's Health, Gynecology
Winchester, TN

**Terri Holt, MD**

Obstetrics and Gynecology
Gallatin, TN

**Brad Leath, MD**

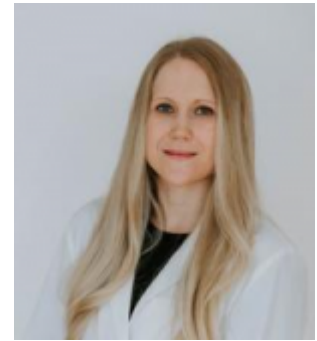
EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Gallatin, TN

**Cynthia MacDonald,
CNM**

EMPLOYED PROVIDER

Midwifery
Gallatin, TN

**Kaitlyn Martin, DO**

EMPLOYED PROVIDER

Obstetrics and Gynecology,
Gynecology
Winchester, TN

**Bryan Myers, MD**

Obstetrics and Gynecology
Winchester, TN

**Michael Pippin, MD**

EMPLOYED PROVIDER

Gynecology
Carthage, TN

**Hailey Puckett, WHNP**

EMPLOYED PROVIDER

Women's Health, Gynecology
Winchester, TN

Promoting Exceptional Women's Health

Women's health and OB/GYN facilities treat various medical conditions. That's why we deliver a wide range of services to match your patient's needs. Our OB/GYN specialists are experienced and highly skilled. With a **welcoming environment, convenient services and comforting care**, we gladly serve the women in our community.

We would be honored to partner with you in providing excellent, convenient and comforting care for your female patients.

Locations

Highpoint Women's Health

300 Steam Plant Road, Suite 270

Gallatin, TN 37066

Wound Care

Evidence-Based Wound Management

Highpoint Health Wound Care – Sumner is a Healogics Center of Distinction, now 6 years in a row. Our team includes physician specialists, certified or specialty-trained wound care nurses, and healthcare educators.

Nationally Recognized Wound Healing

Our comprehensive approach to wound management at Highpoint Health Wound Care – Sumner with Ascension Saint Thomas utilizes the latest clinical tools and traditional clinical practices. Your patient's individualized treatment plan may include specialized wound dressings, debridement, compression therapy, hyperbaric oxygen therapy, prescription growth factors, advanced cellular products, edema management and non-invasive vascular assessment.

Hyperbaric Oxygen Therapy

Hyperbaric oxygen therapy (HBOT) helps the body's oxygen dependent, wound-healing mechanisms function more efficiently. While enclosed in a clear, large chamber, patients breathe pure oxygen, saturating their blood plasma and allowing it to carry from 15 to 20 times the normal amount of oxygen to the body's tissues. These treatments are provided by physicians who are specialty trained in hyperbaric medicine as well as our highly trained clinical hyperbaric technicians and staff.

Approved Indications for Hyperbaric Oxygen Therapy:

- Diabetic wound of the lower extremities
- Soft tissue necrosis and osteoradionecrosis
- Chronic refractory osteomyelitis
- Compromised skin grafts and flaps
- Actinomycosis
- Crush injury/acute traumatic peripheral ischemia
- Progressive necrotizing infections (necrotizing fasciitis)

Who may benefit from our specialized services?

If your patient's wound isn't healing, they may benefit from the proven, best-practice methodologies at Highpoint Health Wound Care. Some of the indications for wound therapy include:

- Diabetic ulcers
- Neuropathic ulcers
- Pressure ulcers
- Ischemic ulcers
- Venous insufficiency
- Traumatic wounds
- Surgical wounds
- Vasculitis
- Burns
- Peristomal skin irritations
- Other chronic, non-healing wounds

Your Provider Team



**Christopher Frazier,
DPM**

EMPLOYED PROVIDER

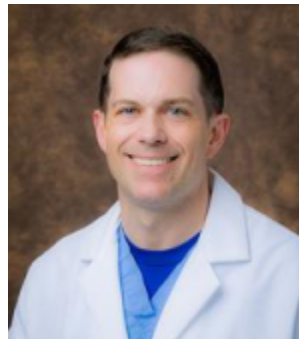
Podiatry, Foot and Ankle
Surgery, Wound Care
Gallatin, TN



Paula Marshall, NP

EMPLOYED PROVIDER

Wound Care



**Rodney Mewbourne,
MD**

EMPLOYED PROVIDER

General Surgery, Wound Care
Gallatin, TN



**Maggie Helen
Woodall, NP**

Wound Care

Winchester, TN

Ready to Get Started?

As a referring provider, you are an important member of your patient's wound care management team. Upon referral, your patient meets with our staff for a consultation. Our team then develops a treatment plan for your patients and informs you throughout the process. For more, information, click 'Refer Now' for our updated contact information.